



# DO YOU NEED TO SPEAK UP?



## EXPERIENCE IT?

- A violation of privacy
- Abuse, bullying or harm
- Sexual comments or touching
- Online grooming



## SEE IT?

Is someone being DISREPECTFUL?  
Is their personal space being DISRESPECTED?

Harm from a stranger or someone you know is **NOT** ok

## REPORT IT!

- Parent / Trusted Adult
- Head of Wellbeing
- PC Teacher
- Year Advisor
- Kids Helpline



**OPAC IS A SAFE PLACE FOR ALL**  
Kids Helpline 1800 555 1800  
Lifeline 13 11 14

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