# WELCOME TO 2024

# Senior School Handbook

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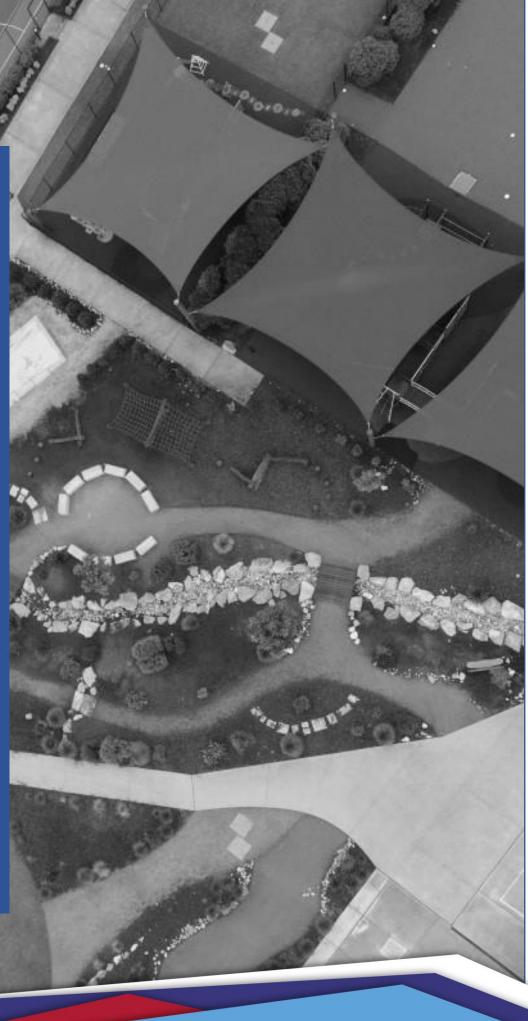
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# WELCOME TO 2<u>024</u>

A new year brings new possibilities, and we look forward to partnering with you again in creating a vibrant learning community where each member is valued and students receive a caring, quality Christian education.

All of our policies and expectations for students can be found on the College website but we trust this guide will help you as you prepare for the new year ahead.

If you have any questions please don't hesitate to call us on 02 4604 0000 or email <u>admin@opac.nsw.edu.au</u>



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# Term Dates 2024

# Term 1 (11 weeks)

Wednesday	31 January	Term 1 Commences
		Transition meetings
		7-11 Camps (until 2 February)
		Year 12 commence
		Kindergarten orientation commences
Thursday	1 February	Year 1-6 commence
		Prep Blue (3 day) commence
Thursday	2 February	Prep Blue (2 day) commence
Saturday	2 March	College Open Day
	15 – 27 March	NAPLAN Online Test Window
Friday	29 March	Good Friday Public Holiday
Monday	1 April	Easter Monday Public Holiday
Friday	12 April	End of Term 1

# Term 2 (9 weeks)

Tuesday	30 April	Term 2 commences
Monday	10 June	King's Birthday Public Holiday
Friday	23 June	End of Term 2

# Term 3 (10 weeks)

Monday	22 July	Term 3 commences
Thursday	26 September	Year 12 Graduation Assembly and
		Valedictory Dinner
Friday	27 September	End of Term 3

# Term 4 (9 weeks)

Tuesday	15 October	Term 4 commences
Monday	18 November	Mid Term Break students/ Staff Day
Tuesday	10 December	P-6 Celebration Assemblies
Wednesday	11 December	7-11 Celebration Assembly
		End of Term 4

# Equipment and Stationery to Purchase

A student diary, textbooks and a range of other supplies are provided to Senior School Students as part of their College fees. Each subject however may require additional items to be purchased by the Parent/Carer. Please see the list of requirements for each stage group and subjects below. These items are required to be purchased by the commencement of Term 1, 2024.

All items should be clearly labelled with student's name.

#### General Items

All students from Years 7-12 require the following equipment and are expected to have them available for each class.

- Charged Laptop Further guidelines for BYOD (Bring Your Own Device) can be found on the College Website <u>BYOD Information</u>
- Earbuds/Headphones
- 16GB USB
- 2 X Blue or Black Pens
- 2 X Red Pens
- 2 X HB Pencils
- 2 X 2B Pencils
- Pencil Sharpener
- Eraser
- Glue Stick
- Scissors
- Ruler (Plastic or wooden only)
- Highlighters
- Correctional Tape
- Coloured Pencils

#### Stationery required for Stage 4 - Years 7 & 8

General Items listed above plus the following:

Mandatory Subjects	QTY	Items	
Christian Studies	1	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
English	4	A4 Exercise Book 8mm Ruled Red Margin – 128 pages	
	1	A4 Refillable Display Book	
HSIE (Geography & History)	2	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
LOTE (Japanese Year 8 only)	1	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
	1	A4 Refillable Display Book	
Mathematics	2	A4 Binder Book 5mm Grid 56GSM - 128 pages	
	1	A4 Refillable Display Book	
	1	CASIO FX-82 AU PLUS II or FX100AU Scientific Calculator	
	1	Geometry set (Year 7 only)	
Music	1	A4 Music Book (Contains ruled lines and manuscript)	
PDHPE	1	A4 Exercise Book 8mm Ruled Red Margin - 128pages	
Science	2	A4 Exercise Book 8mm Ruled Red Margin –128 pages	
	2	A4 Refillable Display Book	
TAS	1	A4 Visual Art Diary Spiral 110GSM – 120 pages	
	1	A4 Refillable Display Book 20 Pocket	
	1	Black Apron* (Year 7 only)	
	1	Blue Apron* (Year 7 only)	
		Oven Mitt, Tea Towel, 1L plastic container	
		(Year 7 only)	
	1	0.5mm Mechanical Pencil with refills	
Visual Arts	1	A4 Visual Art Diary Spiral 110GSM – 120 pages	

\*Aprons can be purchased for \$20 at Parent Reception

#### Stationery required for Stage 5 - Years 9 & 10 – Mandatory Subjects

General Items plus the following:

Mandatory Subjects	QTY	Items	
Christian Studies	1	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
English	4	A4 Exercise Book 8mm Ruled Red Margin - 196pages	
	1	A4 Refillable Display Book	
HSIE (Geography & History)	2	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
Mathematics	2	A4 Binder Book 5mm Grid 56GSM - 128 pages	
	1	A4 Refillable Display Book	
	1	CASIO FX-82 AU PLUS II or FX100AU Scientific Calculator	
PDHPE	1	A4 Exercise Book 8mm Ruled Red Margin –128 pages	
Science	2	A4 Exercise Book 8mm Ruled Red Margin – 128 pages	
	2	A4 Refillable Display Book	

### Stationery required for Stage 5 - Years 9 & 10 – Elective Subjects

General Items plus the following:

Elective Subjects	QTY	Items	
Child Studies	1	A4 Exercise Book 8mm Ruled Red Margin 128 pages	
Commerce	1	A4 Exercise Book 8mm Ruled - 128 pages	
	1	A4 Exercise Book 8mm Ruled Red Margin 128 pages	
Critical Thinking	1	A4 Refillable Display Book	
	1	A4 Exercise Book 8mm Ruled Red Margin 128 pages	
Design and Technology	1	Fineline Pen 0.4mm – Black	
	1	0.5mm Mechanical Pencil with refills	
	1	A4 Visual Art Diary Spiral 110GSM – 120 pages	
Extreme History	1	A4 Exercise Book 8mm Ruled Red Margin 128 pages	
Food Technology	1	A4 Exercise Book 8mm Ruled Red Margin 128 pages	
	1	A4 Refillable Display Book 20 Pocket – BLACK	
	1	Black Apron*	
	1	Oven Mitt and Tea Towel in a plastic container	
Industrial Technology- Engineering	1	A4 Exercise Book 8mm Ruled Red Margin 128 pages	
	1	A4 Visual Art Diary Spiral 110gsm Black - 120 pages	
	1	Fineline pen 0.4mm – Black	
Industrial Technology- Timber	1	Blue Apron *	
	1	A4 Exercise Book 8mm Ruled Red Margin 128 pages	
	1	A4 Visual Art Diary Spiral 110gsm Black - 120 pages	
	1	Fineline pen 0.4mm – Black	
IST	Nil	No additional equipment required	
LOTE (Japanese)	1	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
	1	A4 Refillable Display Book	
Music	1	A4 Refillable Display Book	
	1	A4 Music Book (Contains ruled lines and manuscript)	
PASS	1	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
	1	Plastic Whistle (Black)	
Photographic and Digital Media	1	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
	1	A4 Refillable Display Book 20 Pocket – BLUE	
	1	16MB SD card	
Textiles Technology	1	A4 Visual Art Diary Spiral 110GSM – 120 pages	
	1	A4 Refillable Display Book 20 pocket	
Visual Arts	1	A4 Visual Art Diary Spiral 110GSM – 120 pages	
	1	A4 Refillable Display Book 20 pocket	
	1	Felt tip pen 0.4mm – Black	

\*Aprons can be purchased for \$20 at Parent Reception

#### Stationery required for Stage 6 - Years 11 & 12

For Stage 6, students will require the general items plus a lever arch folder with loose leaf lined paper/books and tabs. Subjects listed below also require additional items as listed.

Students are encouraged to work with their teachers for any additional pieces they may require for individual projects.

Subject	Qty	Items	
Ancient History	Nil	No additional equipment required	
Biology	1	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
Business Studies	Nil	No additional equipment required	
Chemistry	1	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
CAFS	Nil	No additional equipment required	
Design and Technology	1	A4 Visual Art Diary Spiral 110GSM – 120 pages	
	1	Fineline Pen 0.4mm – Black	
	1	0.5mm Mechanical Pencil with refills	
English	4	196 page A4 exercise book	
	4	A4 Refillable Display Book	
Food Technology	1	Black Apron*	
	1	Oven Mitt and Tea Towel in a plastic container	
Industrial Technology- Timber	1	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
	1	A3 Visual Art Diary Spiral 110GSM- 120pages	
	1	Fineline Pen 0.4mm – Black	
	1	Blue Apron*	
Legal Studies	Nil	No additional equipment required	
Mathematics Advanced	1	Casio FX100AU Scientific Calculator preferred	
Mathematics Standard 2	1	Casio FX82AU Scientific Calculator preferred	
Modern History	Nil	No additional equipment required	
Music	1	A4 Refillable Display Book	
	1	A4 Music Book (Contains ruled lines and manuscript)	
PDHPE	Nil	No additional equipment required	
Physics	1	A4 Exercise Book 8mm Ruled Red Margin -128 pages	
Society and Culture	Nil	No additional equipment required	
Visual Arts	1	A4 Visual Arts Diary	
	1	Black felt tip pen 0.4mm	
	1	96 page exercise book	

\*Aprons can be purchased for \$20 at Parent Reception

# Senior School Sport Outline

As a College, our aim for Sport is to provide a structured and balanced program of sporting activities that offer students a positive experience of sport, while developing skills in different endeavours.

To reach our goal for Sport, we aim to achieve the following:

- Bring glory to God through our sporting achievements
- Develop a strong, personal character that reflects the Christian ethos of the College
- Develop skills that enhance personal and team performance
- Develop team, College and House Spirit
- Encourage students to foster a positive attitude towards an active lifestyle
- Develop different skills, abilities and gifts that God has provided each student in order to develop their potential

#### Weekly Sport – MISA (Macarthur Independent Schools Association)

All Senior School students are required to participate in Sport on Tuesday afternoons from 12:30-2:30pm. All secondary students will have the opportunity to trial for a MISA sporting team to represent the College in the MISA competition. Trials occur at the start of each term.

### MISA Representative Teams train on TUESDAY mornings at College from 7:45am to 8:15am with their coach – if you are selected into a MISA team, it is expected that you will attend training each week.

Parents will be notified via email if their child is successful in making a MISA team. Any cancellations to training due to weather will be notified early on that day via the College app and an email will be sent to all secondary students. Parents will be given as much notice as possible for any changes to the training schedule.

For students that do not participate in MISA, a range of other recreation and House College Sports will be on offer. Recreation sports will be offered to Year 9-12 students. Some recreation sports will require a surcharge of \$70/term to cover the cost of the facilities and equipment hire. At the start of each term, an email will be sent out for parents to book through Trybooking. Recreation sports will be subject to change depending on availability and meeting the minimum students required for each sport.

Students are to wear their full sports uniform to the College each Tuesday and each day they have a practical PE lesson.

This includes:

- College Sports top Red and navy, with College logo
- College Sports shorts Navy
- College socks
- Correct sporting footwear
- College sports cap
- College Tracksuit top weather permitting
- College Tracksuit pants weather permitting

Please see the College Uniform Guide for further details.

#### 2024 Senior School Sport Program

Term 1	MISA Sports MISA 10-12 Boys Oz Tag MISA 10-12 Girls Oz Tag MISA 7-9 Indoor Cricket MISA 10-12 Boys Basketball MISA 10-12 Girls Basketball MISA 7-9 Boys Softball MISA 7-9 Boys Volleyball MISA 7-9 Girls Volleyball MISA 7-9 Girls Hockey	<b>Recreation Sports</b> Maximum Skating Self Defence Ten Pin Bowling Fitness Bouldering Walking for Fitness Tennis	House College Sport AFL Ultimate Frisbee Basketball Volleyball Orienteering Soccer Flag Grid Iron Cricket
Term 2	MISA Sports MISA 7-9 Mixed Ultimate Frisbee MISA 11/12 Girls Netball MISA 10-12 Girls Indoor Cricket MISA 7-9 Boys Basketball MISA 7-9 Girls Basketball MISA 10-12 Boys Softball MISA 10-12 Girls Soccer MISA 11/12 Boys Soccer MISA 7-9 Boys Hockey	<b>Recreation Sports</b> Maximum Skating Self Defence Archery Ten Pin Bowling Bouldering Walking for Fitness Tennis	House College Sport AFL Oz Tag Ultimate Frisbee Volleyball Soccer Orienteering Grid Iron Cricket
Term 3	<i>MISA Sports</i> MISA 7/8 Girls Netball MISA 9/10 Girls Netball MISA 7/8 Boys Soccer MISA 9/10 Boys Soccer MISA 7-9 Girls Soccer MISA 10-12 Boys AFL MISA 10-12 Girls AFL MISA 10-12 Girls Softball	<b>Recreation Sports</b> Maximum Skating Martial Arts Canoeing Bouldering Ten Pin Bowling Dance Fitness Centre Walking for Fitness	House College Sport AFL Oz Tag Ultimate Frisbee Basketball Tennis Volleyball Orienteering Soccer Grid Iron Cricket
Term 4	MISA Sports MISA 7-9 Girls Oz Tag MISA 7-9 Boys Oz Tag MISA 7-9 Boys AFL MISA 7-9 Girls AFL MISA 10/11 Girls Volleyball MISA 10/11 Boys Volleyball MISA 10/11 Mixed Ultimate Frisbee MISA 7-9 Boys Indoor Cricket MISA 7-9 Girls Softball	Recreation Sports Maximum Skating Martial Arts Canoeing Archery Bouldering Dance Gymnastics Golf Fitness Centre Walking for Fitness	House College Sport AFL Oz Tag Ultimate Frisbee Basketball Tennis Orienteering Volleyball Soccer Grid Iron Cricket

These sports may be subject to change throughout the year, depending on numbers of students and availability of coaches. Recreational and College Sports will be a selection of the above only and will change throughout the year.

#### Elite-level sporting pathways

The students who perform best at our Swimming, Cross Country and Athletics carnivals will be selected into our representative team to attend the CSSA (Christian Schools Sporting Association) Zone carnivals where they compete against students from eight other schools. If they excel at CSSA Zone they may progress to CSSA State and CIS (Combined Independent Schools). There will also be opportunities for students to trial for teams to represent at CSSA and higher levels throughout the year.

Students also have the opportunity to participate in a range of sports outside MISA and College carnivals. Depending on the sport, this will be as an individual or as part of the CSSA team with possible participation in CIS events. For further information, please see <u>www.cssa.net.au</u> or contact the sports coordinator.

#### Sports Carnivals

In addition to weekly sport, students will participate in three carnivals throughout the year.

The dates for 2024 College Carnivals are:

- Swimming Carnival Wednesday 21 February 2024 (Term 1, Week 4)
- Athletics Carnival Friday 5 April 2024 (Term 1, Week 10)
- Cross Country Carnival Thursday, 2 May 2024 (Term 2, Week 1)

Please be aware the Swimming Carnival and Athletics Carnival are compulsory. Cross Country Carnival will be *competitor only* in 2024.

#### **OPAC Fitness Centre**

As a College, one of our strategic intentions is to increase our physical activity and to promote wellbeing within our College, with physical activity a key pathway.

As part of reaching this goal, the College has invested in a Fitness Centre. This is located in MP1 and supervised by OPAC staff.

The many aims of the Fitness Centre are:

- Bring glory to God through physical activity
- Develop a stronger, personal character that reflects the Christian ethos of the College
- Develop physical fitness that enables students to perform functional daily movements efficiently
- Encourage students to foster a positive attitude towards an active lifestyle

Research has shown that physical activity improves self-esteem, focus, motivation, mental health, concentration and memory.

Mr Bullock holds a Certificate 3 and Certificate 4 in Fitness to help with running and overseeing this facility.

#### Logistics of the Fitness Centre

The PDHPE allocation in Years 7-10 is 5 periods per cycle (2 x theory, 2 x Fitness Centre and 1x practical). Students will have their fitness tested three times a year: start of the year, middle of the year, end of the year.

This allows their PDHPE teacher to design an individual program, with the student working towards a fitness goal. Students will be able to record their data into their Fitness Passport – provided in the first lesson by their teacher. When students are in the Fitness Centre, they will be moving the entire time, at their level. Students may also bring their mobile phones, with headphones, into the Fitness Centre for music (Stage 5 and 6 ONLY).

Please do not hesitate to ask if you have further questions about the College's Sport and PDHPE programs.

# Co-curricular Music

Music is a wonderful gift from God, and we encourage all students to participate in a co-curricular music ensemble and strive to become the best musicians they can be. Being part of an ensemble provides fantastic opportunities for students to perform, travel, develop confidence, character and skills and form friendships beyond their peer group.

All students in Years 7 and 8 participate in weekly music lessons. Elective Music students (Years 9-12) are required to participate in at least one musical ensemble at the College.

#### Private Music Tuition

If you would like to arrange private music tuition at the College, details of the tuition program can be downloaded <u>here</u> or found on the College website (Student Life / Forms / Cocurricular Music at OPAC).

Please note your agreement with Tutors is a direct arrangement and lessons are held at the College in one of the tuition rooms in F block.

#### Rehearsal Days and Times

Ensemble rehearsals and instrumental tuition will commence from Week 2, Monday 6th February.

Day	Times	Group	Fees
Monday	3:30pm - 5:00pm	Stage Band	nil
Wednesday	3:20pm - 4:30pm	Senior Choir	nil
Thursday	3:20pm - 5:00pm	Senior Concert Band	\$320

Students in ensembles are expected to attend all rehearsals and performances and remain committed members of the ensemble for the **entire year**. All students are encouraged to participate in as many ensembles as they like. As music tutors provide tutoring for Senior Concert Band, there is an annual fee for this co-curricular group which will be added to College fees. All other co-curricular groups are provided without any additional costs.

In 2024, we will also be seeking interest from students who would like to participate in a brass ensemble or flute choir. This group will incur an additional fee however Creative Kids Vouchers will be accepted by these tutors next year.

Should you wish for your child to participate in a co-curricular music group for 2024, or express interest in the brass ensemble or flute choir, please complete the permission link at the conclusion of this guide.

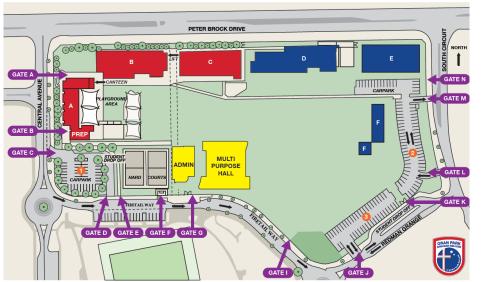
If you have any further questions regarding our music programs at the College, please don't hesitate to contact Mr Tim Chavura, Head of Music via <u>tchavura@opac.nsw.edu.au</u>

# Other General Information

#### After School Pick up

At the conclusion of the school day, Senior School students that are collected by car can exit via Gate K located on Redman Grange. Should a Senior School student have younger siblings in Junior School, a duty teacher will bring Junior School students to Gate K to meet their older sibling/s and allow them to be collected together by their parent or carer.

Students will be supervised until 3:30pm. Any students not collected by 3:30pm will be directed back to parent reception to allow office staff to contact parents.



Senior School Pick Up Zone Gate K

For safety of all, please ensure road rules are followed at all times around the College.

#### Animals on College Grounds

In order to keep our community safe, and in respect of our Wellbeing program, it is requested that no pets are brought onto College grounds at any time.

#### Арр

The College app is the best way to keep up to date with College news and can be downloaded at the app store by searching for "Oran Park Anglican College". To view your child's information you will be required to login with your parent portal login the first time you use the app. Please ensure you have notifications turned **ON** to receive instant notification of new tasks or information sent.

Notices such as weekly reminders, absences, permissions and other general information will be shared via the app and parent portal (desktop).

Should you require instructions to install and log in for the first time please see "Edumate portal instructions" on the College website <u>https://www.opac.nsw.edu.au/home/parent-portal/</u> or for further assistance please don't hesitate to contact the College office via <u>admin@opac.nsw.edu.au</u> or phone 02 4604 0000.

#### Attendance

In order to maximise learning it is expected that all students attend College unless they are ill or have medical appointments which are unable to be scheduled outside of school hours or holidays. Parents will be notified at 10am by SMS and the College app if their child is absent on any day.

A reminder to verify any absences will be emailed to parents at the end of each day.

Please note for Senior School, if your child is late to class or missing in any period you may also be required to verify a partial absence.

Where a student's attendance is low, a letter will be sent to parents to verify absences as per the requirement by law.

Should you need to collect your child early for medical appointments please email <u>absences@opac.nsw.edu.au</u> in advance to minimise disruption to classes and minimise waiting times.

#### Awards

The College has an awards system in order to encourage and recognise the College Values and the Habits of Powerful Learners.

Senior School has the following accumulation of awards:

- 5 Merit Awards = 1 Senior School Award
- 3 Senior School Awards = 1 Principal Award
- 5 Principal Awards = 1 College Award presented at the end of Year celebration assembly

Please note that these awards automatically calculate in Senior School, physical awards do not need to be brought into the College to progress to the next award.

#### **Bus Travel**

Students catching the bus at the conclusion of each day will supervised by a teacher on duty. Please see the Busabout website for the latest bus timetables <u>https://www.busabout.com.au/school-services/</u>. Timetables may change at short notice. The College will notify parents of any changes as soon as we are notified. Should you require a bus pass for your child, this can be requested directly through service NSW: <u>https://www.service.nsw.gov.au/transaction/apply-school-travel-pass</u>.

#### Canteen

Fresh Start Canteens will be the provider for the College in 2024. Online orders can be made via <u>www.flexischools.com.au</u> or by downloading the Flexischools app.

#### Co-curricular Groups

There are a range of co-curricular groups for Senior School students to participate in during lunch and after school. Students will be notified during PC and emailed directly each term with options available.

#### College Calendar

Please refer to the College calendar on the College app for updates throughout the term.

#### Medical Updates and Medications

In order to assist us to care for your child, it is vital that the College is updated with any changes for your child's medical history.

This is particularly important for those students that suffer medical conditions such as Asthma, Anaphylaxis, Diabetes and Epilepsy.

Please complete an updated plan at the commencement of each school year or when there are significant changes in how we manage your child's medical condition. Please complete this plan with your child's GP or Health Specialist using their templates or one of the templates below:

- Anaphylaxis Plans
- <u>Asthma Plans</u>
- <u>Diabetes</u>
- Epilepsy

Should you require our staff in Student Services to administer any medication for your child while they are at the College, please use the following form on the College Website: <a href="https://www.opac.nsw.edu.au/current-students-2/forms/">https://www.opac.nsw.edu.au/current-students-2/forms/</a>

Please be aware that we are an allergy aware school. Where there are significant life threatening allergies in a class you may be notified by our First Aid Officer.

#### COVID-19 Guidelines

As we continue to navigate the COVID-19 we want to remind parents of the health and safety protocols we have in place to ensure everyone in our community is kept safe and to reduce the risk of transmission of COVID-19.

NSW Health currently requires schools to:

- exclude students and staff with even mild symptoms of COVID-19
- encourage immediate testing for any symptomatic child(ren) or staff
- ensure good hand hygiene at all times (e.g. upon entry to the school, entry to the classroom and upon exit of the classroom)
- ensure that adults maintain physical distancing at all times

Any changes to advice will be updated to parents accordingly. For any questions or to send through updated plans for your child, please email <u>studentservices@opac.nsw.edu.au</u>

#### Lockers

Lockers will be allocated to Senior School students wishing to hire one from Monday, 5 February 2024. Should you wish to hire a locker for your child please complete the permission link at the conclusion of this document. The cost to hire a locker is \$5/term and will be billed to your College account. Students are required to provide their own lock to secure their belongings. These are readily available from office or hardware supply shops. Locker allocation will be emailed direct to the student from Student Services by Friday, 9 February 2024. As the locker is hired only, all belongings must be removed by Monday, 2 December 2024.

#### Playground Supervision

Staff will provide supervision in the playground from 8:05am each school morning. The exception to this is on Tuesday morning where MISA teams are under the direct coaching and care of their coach from 7:45am.

In the afternoon, teachers will remain on pick up area duty until 3:30pm for car parks and 3:40pm for buses.

#### Technology

Students using either College technology or their own devices are expected to abide by the technology policy which can be located on the College website or in the student diary. A reminder also that smart watches with connectivity to the internet are not allowed at College with notifications enabled.

#### Uniforms

Details on purchasing the College uniform and ordering details can be found on the College website: <u>https://www.opac.nsw.edu.au/current-students-2/uniform/</u>

Please note there is no transition period between summer or winter uniforms for Senior School. Uniforms should be worn as below:

During Term 1 and Term 4 – Students wear full summer uniform including hats.

During Term 2 and Term 3 – Students wear full winter uniform including the College blazer.

Hats are not required during Terms 2 and 3.

Lost property is located at Student Services. Please ensure all uniforms are labelled with your child's name.

#### Wellbeing

Our College has an extensive Wellbeing Team who are there to assist with the care and support of all our students. More about our Wellbeing program can be found <u>here.</u>

Should you have any wellbeing concerns for your child, please don't hesitate to contact Miss Alison Menzies <u>amenzies@opac.nsw.edu.au</u> who is the Deputy Head of Senior School for Wellbeing.

In addition, the College is also engaged with Cornerstone Companions who visit with wellbeing canines on a regular basis. Should you wish for your child to NOT participate in the Canine Wellbeing Program and/or prefer them NOT to be included in photography used by Cornerstone Companions, please use this link to opt out <u>Wellbeing Canine OPT OUT</u>

Please note if you have completed this form previously you will not be required to complete it again. Cornerstone Companions can be contacted via <u>info@cornerstonecompanions.com</u> for further information on the program.

Permission Links are available as outlined below:

# Permission Links and Checklist

#### The following permissions will be required for all Senior School Students by 1/2/24.

Please complete permission for your child/ren using the following links:

✓ 2024 Senior School Sport and Carnival Permission

The following permissions are optional for Senior School Students in 2024

Should your child/ren wish to hire a locker, please use the following link:

✓ 2024 Hire a Locker Form

**Years 11-12 only**- Senior school students who drive to school independently or carry passengers in their car need to complete the "Senior Students use of motor vehicles" form on the College website and return to the Deputy Principal.

✓ Year 11 and 12 Driving to School

Should you have any further questions regarding permissions please contact Student Services via <u>studentservices@opac.nsw.edu.au</u> or by phone 02 4604 0000.