



# THE LIFE

Issue 17 | 20 November 2020

As we approach the end of the year, I thought I would share with you some news regarding our growing College for 2021. Just as the number of students and facilities are growing, so too is our staff team.

We will be welcoming two new Executive staff to support the senior leadership team:

Mr Hugh Renshaw (Director of Academic Administration) moving from Thomas Hassall Anglican College

Mrs Kirsten Philips (Director of Wellbeing and Christian Education) moving from Barker College

Other new staff joining us will be:

Mrs Julie Davison (Learning Support Teacher)

Miss Georgia Busch (Primary Classroom Teacher)

Mrs Kaye Crowe (Secondary Visual Arts Teacher)

Mr Kieran Hadfield (Secondary HSIE Teacher)

Mrs Corinne Palmer (Student Services)

Mrs Sarah Boyce (Parent Reception)

Mrs Danijela Hecimovic (Technical Assistant – TAS/VA)

Staff who are departing or going on leave are:

Mrs Jo-Ann Lee (maternity leave from February)

Mrs Betty Steele-Smith (moving to Meriden)

Mr Brendan Langley (moving to Shellharbour Anglican College)

Mrs April Lindsay (moving to Wycliffe Christian School)

Mr Michael Robinson (moving to Mt Annan Christian College)

Mrs Heidi Arundell

Mr Lachlan Smith

Mrs Cathy Grant, our foundation Junior School Coordinator, who has been at the College since it began, is stepping down from this role and taking on a part time teaching role. Mrs Grant has been an exceptional leader in the College, supporting the staff and students to promote excellence in teaching and learning. We are very appreciative of the work she has done in establishing so many of the activities and events which have become a part of the fabric of our vibrant learning community and are so thankful that she is not actually leaving the College.

Our staff are the backbone of our College and I am deeply appreciative of all they contribute, to our pursuit of a strong and sustainable learning community that nurtures Christ-shaped values of courage, curiosity, craftsmanship, collaboration and compassion. We pray especially for those moving on that they will continue to serve God and make His grace known in their new communities.

Please enjoy reading the rest of this newsletter as you learn about what has been happening in 'the Life' of our College in recent weeks.

*Come, let us praise the Lord! Let us sing for joy to God, who protects us! Let us come before Him with thanksgiving and sing joyful songs of praise.*

*Psalm 95:1-2*



*Mrs Naomi Wilkins  
Principal*



## Term Dates 2021

### Term 1 (10 weeks)

Monday	25 January	<i>Staff Development Day</i>
Tuesday	26 January	Australia Day Public Holiday
Wednesday	27 January	<i>Staff Development Day</i>
<b>Thursday</b>	<b>28 January</b>	<b>Term 1 Commences</b> Transition meetings
Friday	29 January	Year 7, 11-12 commence Kindergarten commence
Monday	1 February	Years 1-10 commence Prep Red (3 day) commence
Tuesday	2 February	Prep Blue (2 day) commence
Wed-Fri	3-5 February	<i>7-11 Camps</i>
<b>Thursday</b>	<b>1 April</b>	<b>End of Term 1</b>
Friday	2 April	Good Friday Public Holiday
Monday	5 April	Easter Monday Public Holiday

### Term 2 (9 weeks)

Monday	19 April	<i>Staff Development Day</i>
Tuesday	20 April	<b>Term 2 commences</b>
Monday	26 April	Anzac Day Public Holiday
Saturday	1 May	Oran Park Festival and Open Day - TBC
	11 - 21 May	<i>NAPLAN Online Test Window</i>
Monday	14 June	Queen's Birthday Public Holiday
<b>Friday</b>	<b>18 June</b>	<b>End of Term 2</b>
Monday	21 June	<i>Staff Development Day</i>
Tuesday	22 June	<i>Staff Development Day</i>

### Term 3 (10 weeks)

<b>Monday</b>	<b>12 July</b>	<b>Term 3 commences</b>
Wednesday	15 September	Year 12 Graduation Assembly and Valedictory Dinner
<b>Friday</b>	<b>17 September</b>	<b>End of Term 3</b>

### Term 4 (10 weeks)

Monday	4 October	Public Holiday
Tuesday	5 October	<i>Staff Development Day</i>
Wednesday	6 October	<b>All students commence</b>
Monday	15 November	Mid Term Break students/ <i>Staff Day</i>
Tuesday	7 December	<i>Celebration Assemblies</i>
Wednesday	8 December	<b>End of Term 4</b>
Thursday	9 December	<i>Staff Development Day</i>

# Share the joy



Our College collection of food and new toys continues... Keep on giving!

**Collection Day: Thursday 3 December 2020**

Some shopping ideas include:

- Cereals
- Tinned food e.g. creamed corn, baked beans, ham, salmon
- Tinned fruit
- Pasta
- Long life milk, custard or cream
- Coffee and tea
- Spreads
- Biscuits and snacks (sealed/tinned)
- New toys (in their packaging)

Chocolate and other perishables are not being collected.

Should you have any questions, please contact any of the Year 2 teachers!

*Mrs Davis, Mr Mitas and Mrs Whary*  
*Year 2 Teachers*

Toys 'n' Tucker provides a way for us all to come together to share  
the joy of Christmas with people in need!



# College News

## Lids4Kids Initiative

Our College is now a collection point for clean, dry plastic lids, as part of the 'Lids4Kids' initiative. They melt collected lids down, and use 3D printers to make prosthetic hands for children in need.

Here are the key things for you to know:

- Collect plastic milk, water, and juice lids, with a #2 or #4 rating only
- Please remove any inserts before placing in collection box
- Please wash and dry lids before putting in collection box (otherwise they go mouldy/smelly and can't be used)
- Plastic rings are to be cut off, cut in half and placed into usual recycling at home
- Bread tags can also be put in with lids for collection
- Boxes are located in all primary classrooms, and at both the Parent Reception and Student Services
- Please take note of the lids that can and cannot be used in this recycling program (see collection boxes for clear description)



## Canteen - Outstanding Payments

Please ensure that any outstanding payments are finalised with the Canteen before the end of term (Wednesday 9 December).



# College News

## School Travel for 2021

Students who require a School Opal card or travel pass for 2021 can now [apply](#) online. A new application should be submitted if a student is applying for a school travel pass for the *first time* or *requesting an additional pass as a result of a new shared parental responsibility situation (e.g. joint custody)*.



Applications need to be submitted before **31 December 2020** to ensure that current student entitlements are updated and their current entitlement/card remains valid. If their application is submitted after 31 December 2020, the system will automatically cancel an entitlement/card and a new one will need to be issued.

Students in the Opal network applying for a SSTS or Term Bus Pass entitlement for the first time will receive their card at their nominated postal address. Cards will be mailed out from January 2021.

## School Transport - BusAbout Potential Extra Services



The College is currently serviced by BusAbout with a limited range of bus services around the area.

BusAbout have advised that if parents are wanting more services beyond the [current routes](#) (e.g. Cobbitty, Orangeville, Silverdale, Theresa Park, Werombi, The Oaks), please email them directly at [customerservice@busabout.com.au](mailto:customerservice@busabout.com.au) so that they can investigate adding more school services to our College.

## UNIFORM SHOP NEWS

### Time is running out to fit uniforms this year

Book a fitting appointment online now OR

Order online using size guides provided

**shop.ranier.com.au**

The shop will close from 17<sup>th</sup> Dec 2020 and will reopen on 11<sup>th</sup> January 2021.  
Ranier will notify via email when collection is possible.

Whilst orders may be placed in January, extensive wait times are likely to be experienced. We strongly suggest ordering or making a fitting appointment now. January opening hours to be confirmed in early Jan. Check the website for updates.

- Uniforms are in various stages of production and quantities are required asap
- The shop contains a fit range for sizing purposes
- Ranier accepts free exchanges due to incorrect sizing if purchased online



**Extended  
hours**

### CUSTOMER SERVICE



02 8337 7290



Mon-Fri 10am-4pm AEST



ranier.com.au/contact



shop.ranier.com.au



**VISA**



**PayPal**

### SHOP HOURS – Term 4

APPOINTMENTS STRONGLY ADVISED

Book online at [shop.ranier.com.au](http://shop.ranier.com.au)

Mon: 8:00am – 10:30am  
2:00pm – 4:30pm  
Tues: 2:00pm – 6:00pm  
Wed: 8:00am – 10:30am  
Sat: 9:00am – 3:00pm  
(2<sup>nd</sup> and 4<sup>th</sup> only)  
Unit 5/6-8 Porrende  
Street, Narellan  
(Behind Bunnings)







## P&F Second Hand Clothing Pool

As communicated by Mrs Wilkins in 'The Life' Newsletter earlier this year, the College has engaged a new uniform supplier for supply of College uniforms from 2021! Updated uniform guidelines, details on design, ordering and cost can be found [here](#).



As there is a transition period allowing students to wear either the old or new uniform for the next two years (2021-2022), parents who would like to purchase second uniforms can contact *Amanda Mair* at [amandamair@rocketmail.com](mailto:amandamair@rocketmail.com)

Please note however, these second hand uniforms from the clothing pool will only be available for purchase until the end of Term 4 2020, so get in quick!

## P&F Fundraiser BBQ

Our P&F will be holding a BBQ Fundraiser at Gregory Hills Bunnings this Saturday 21 November 2020.

If you are still able to volunteer for an hour or two, please email [pandf@opac.nsw.edu.au](mailto:pandf@opac.nsw.edu.au) as soon as possible.

Please do also come along to support the P&F and grab yourself a sausage sandwich or two!





# JUNIOR SCHOOL

## MUFTI &

# ZOOPER DOOPER

## DAY 2020

### WHY

To help Year 6 raise money for their Celebration Dinner

### WHEN

Friday 27 November

### COST

A gold coin for a Zooper Dooper

A gold coin to wear mufti clothes

Please hand your gold coin/s to your class teacher  
between Monday 23 – Wednesday 25 November

### ORAN PARK ANGLICAN COLLEGE

60 Central Avenue, Oran Park

T 4604 0000 E [admin@opac.nsw.edu.au](mailto:admin@opac.nsw.edu.au) W [opac.nsw.edu.au](http://opac.nsw.edu.au)

*A school within The Anglican Schools Corporation*



A photograph of three children, two boys and one girl, wearing school uniforms. They are smiling and looking towards the camera. The boy on the left is wearing a light blue shirt. The girl in the middle is wearing a blue and white checkered dress with a white collar and a red tie. The boy on the right is wearing a light blue shirt. A dark blue banner with the text 'JUNIOR SCHOOL' is overlaid on the bottom of the image.

# JUNIOR SCHOOL

One of the things that I love to do during Wednesday lunchtimes is watch our Gardening Club students tend the raised garden beds in the Junior School playground. What started out as containers of bare soil has been transformed into lush, green, healthy plants. Yet, this did not happen by chance. The soil had to be prepared for planting. I watched as the children carefully placed the delicate seedlings in their holes and gently watered them in. They then returned to fill watering cans and weed out anything that threatened to grow and choke the seedlings. They tended their garden, and the garden grew. They waited and watched as the plants grew stronger each week. Now as they work together to continue to care for their growing garden, they are also growing and developing their friendships with each other. This is the value of learning in community. We learn with each other and we learn from each other.



Growing seedlings takes time, and we have to be patient as we watch and wait for signs of progress. It is the same with learning. Each day our students make small steps in their learning journey. It is often at the end of the term, semester or year that we look back and see how far they have grown – how far their learning has progressed.

Last Thursday, I had the privilege of accompanying a small group of our Junior School students to the Year 12 Graduation Assembly and watched as they stood up and gave Year 12 some 'wise advice' for leaving school. I was reminded that it wasn't really that long ago that these Year 12 students were in Year 3 or 4 themselves (a fact that I am sure their parents were feeling very strongly!), and yet they have grown and changed so much.

This year our children have grown and changed in ways that we did not expect. They have experienced great change, and for the most part, have risen to meet the challenges that have come along the way. They have shown courage and perseverance. They have learned to communicate in different ways. They have continued to learn in community, and this is what we will celebrate together at our Celebration Assemblies in a few weeks' time.



*Mrs Jenny Squire  
Deputy Principal -  
Head of Junior School*

## Year 1

What a busy time for Year 1! We have continued to work hard this term as we carry on with the InitialLit Program, learning lots of tricky words and spelling rules. We have been writing our super sentences and making them extra descriptive using the adjectives and adverbs that we have learnt.

During Maths, we have been doing lots of practical activities while we investigate Mass, Volume and Capacity, as well as practising our numbers which we are getting very good at. Science has also been very hands on this term as we look at mixtures - we even got to make slime!

For sport this term, Year 1 have been participating in a hockey and tennis program. We have been having so much fun learning new skills!

*Mrs Worthington, Mrs McGarry, Mrs Mills and Mrs Hills*  
Year 1 Teachers





## Year 5

What a fast-paced term this has been. Amidst the uncertainty of COVID-19, we have enjoyed a full semester of learning together at the College.

Friendships have continued to grow and develop and we have all learnt so much in our class time. The students have worked hard and applied themselves to their final semester assessments and should be proud of their efforts!

This term, we have been exploring various themes in the novel "The Lion, The Witch and The Wardrobe" by C.S. Lewis. This has allowed us to immerse ourselves in a magical, fictional world, that interestingly reflects the stories of the Bible. We have loved the characters in the novel and thinking about concepts such as trust and redemption as the story has unfolded. We are looking forward to watching the film adaptation of the novel later this term.

We have also learnt so much about our neighbouring country Fiji, through research and class discussions on the many beautiful geographical and cultural features of this culturally rich country. We have explored the idea of a partnership between Australia and Fiji, including what we can offer to support our smaller and less wealthy, although culturally rich, neighbour. The students have developed greater empathy for Fiji and the impact of natural disasters such as Cyclone Winston. We were so pleased to welcome the Year 12 students who travelled to Fiji on the 2019 Service Trip as well as Sarah Barber and Ben Barber who visited the country on Year 13 Youthworks Trips. We learnt so much more through their personal experiences of the country.

With such a short time to go before your wonderful children finish Year 5 and get ready to be the big Year 6 students in 2021, we pray that we can enjoy these last few weeks of learning together.

*What does the Lord require of you? To act justly,  
and to love mercy, and to walk humbly with your  
God?*

*Micah 6:8*

*Mr Chapman, Mr Robinson and Mrs Snelson  
Year 5 Teachers*



***How has EDI developed or changed your practice this year?***

It has been so fascinating for me to implement EDI into my teaching practice this year. I have never used this approach and have seen my students grow in their knowledge and understanding.

I can clearly see that adding a review to the start of each lesson helps the students retain learnt knowledge and move this to their long-term memory. I can clearly see that using an "I do, we do, you do" approach empowers students to understand and master the skills they are using.

EDI has completely changed the way that I teach and I can see so many benefits for the students!

*Mrs Whary (Year 2 classroom teacher)*



***How has this approach helped students in their learning in your class?***

This approach has helped the students in my class to understand the various parts of Mathematics on a more conceptual level - understanding the "why" behind mathematical problems, rather than just *how* to do it.

It has also helped them to become much more fluent, as they are able to understand each small step, having seen it modelled extensively for them, participating in guided practise and then practising individually.

*Mr Barber (Year 6 classroom teacher)*

***What is something you have grown in this year?***

Throughout the professional development provided at the College this year, I have gained a deeper understanding of how I can address aspects of literacy within Mathematics. This occurs particularly when students are required to provide reasons and communicate their understandings.

I have enjoyed hearing students explain how they answered a Maths question during class discussions, building their ability to justify their mathematical methods further.

*Miss Lee (Year 3 classroom teacher)*





## Learning Support



As this school year draws to a close, we are celebrating the learning that has occurred across the College in so many areas. The Learning Support Team have had the privilege of seeing many students make great gains in many different areas. Sometimes the growth has been huge and sometimes small, but they are steps all the same. All learning is to be celebrated.

Of course as we celebrate the end of one school year, we know that the next is imminent. Transitioning well is very important and at our College, we seek to support students in this process. What can you do to help?

In preparation for the new school year, it is good to reflect on the things that your child can do now. Focus on things that they couldn't do before and celebrate the growth they have made. Realising how we have grown this year, can help us have a positive view of the changes and challenges that will come with next year.

Acknowledge any worries that your child may have and seek information where possible. Sometimes a little bit of information is the key to feeling more comfortable and certain about changes.

Sometimes though, we will not have all of the answers. Remind your child that they are brave and that their teachers are here to help. If we as parents have a positive outlook on the new year, this will often transfer to our children.

As the new year begins, establish and stick to good routines. When elements of life are unpredictable, routine and structure can provide the support required to manage feelings of anxiety or being overwhelmed. The feelings are normal and expected as our students face change.

Most of all, please talk to your class teacher or myself if you have any concerns at all about your child transitioning to next year.

*Mrs Humphreys*  
*Learning Support Coordinator*



# SPORT

## JUNIOR SCHOOL

### **Years 3-6 League Tag Gala Day**

On Monday 9 November, we were blessed to have the NRL come officiate and run the League Tag Gala Day. Our students had so much fun and there were some great games played. Special thanks to the NRL for their support of our students over the years.

### **Year 3 Fun Football Afternoon**

On Wednesday 18 November, Year 3 had their inaugural Football Fun afternoon. Students played in a number of small-sided games, with lots of fun had. Thank you to the following students who helped make the afternoon a success:

#### Game Leaders

Frank Tacca

Jack Markwell

Ben Patane

Nathan Budin

Cruz Mainwaring

Lani Nash

Nicholas Breski

#### Helpers

Shalom Kashiri

Emma Gambrill

Claire Garrad

Alysha Spiteri

Sienna Bembrick

Hayley Renouf

### **Junior School Tennis**

Years 3-6 have also been playing some tennis on Wednesday mornings. Thank you to our students who have come ready and excited to play this great sport!



*Mr Chapman  
Junior School Sports Coordinator*





# SPORT

## JUNIOR SCHOOL







# SENIOR SCHOOL

This time last year I was writing my newsletter article from Fiji! Not sunning myself at a resort, but working with our students to serve a local community. While I am disappointed to not be there again this year, I have been reminded this week of the important impact these trips have on our students. Three of our Year 12 students that went on the trip last year, spoke with our Stage 3 students this week about their experiences in Labasa, Fiji.

Mia Nichols spoke of the way the trip had built her personal confidence and that she had learned how giving to a community in even a small way can make a big difference to the lives of others. Hayden Kaye spoke of the way the trip had changed his perspective on what he had, making him more grateful for his life on a daily basis. Logan Harris reflected on the way going to serve had actually made him more servant hearted. All three students acknowledged the positive and lasting impact the service trip had had on them and continues to have on the way they see themselves and their place in God's world.

Teaching our young people values and character is one of the key outcomes of both education and parenting. There is often debate about whether we should talk about it or just model it. Researcher and educator Angela Duckworth has found that we need to do both. We could talk about service to our students until the cows come home, but getting our hands 'dirty' with them has a far greater impact on developing their character. We can tell our kids to persist through difficulties, but they are more likely to do so if they also see us modelling it, explaining that we are finding something hard to work out, or that we have made a mistake but are going to persevere and find a solution.

Duckworth cites an experiment where "children watched an adult try to open a box to get at a toy hidden inside and were then handed a different (secretly impossible-to-open) box to figure out themselves". Compared with

watching an adult succeed effortlessly, watching an adult succeed after a mighty struggle led children to persist longer themselves. And this experience was even more powerful if the adult made *explicit value statements* - Children kept at their task for much longer after seeing an adult model struggle and eventually triumph, all the while saying things like, "Trying hard is important!" You can read more about it [here](#), but essentially what this research suggests, is that we should "not only practice what we preach but also preach what we practice".

One of our staff that has had to persist through a particularly challenging year is our new Head of Music Mr Joel Ramirez. Music teachers and musicians across the country have had to struggle to adapt to a year of limited rehearsals and performances and persevering through without these opportunities has been tough.

This week we hear a bit from the maestro himself.



**Mr Ramirez, you are often heard belting out a tune in the staffroom, what is your best performing memory?**

My best performing memory would be conducting a choral group on the Opera House stage, consisting of students from my previous school along with a visiting American high school choir. This will be an experience that I will never forget.

**Where did you grow up and where do you live now?**

I have always lived in the South West Sydney area. I grew up in Macquarie Fields, and I am now living with my wife and 5 children in the Campbelltown area.





# SENIOR SCHOOL

**If you could live anywhere in the world, where would it be?**

I would love to experience living in the UK. There are so many things to see in such a small country. I love the idea of catching a train across the channel and exploring Europe and experiencing all its musical history.

**What did you want to be when you were growing up?**

I wanted to be a concert pianist.

**What do you love about our College?**

The collaboration amongst staff and the support that you receive from other members of staff when things get tough.

**When or how did you become a Christian?**

I had the privilege of growing up in a Christian home, attending church and youth group regularly. But I had to realise that it was not because I was born in a Christian home or because I went to church or youth group that could give me a relationship with Jesus. I had to realise I was a sinner and accept the sacrifice on the cross that Jesus made for me.

**Why do you love teaching Music?**

I love how you can express yourself through music and most importantly praise and worship God with music. It does not matter how you are feeling, there is always a song that can help you express that emotion. I hope that I can show this to my students and demonstrate to them the awesome effect music has on one's mind, heart, and soul.

**If you could give some advice to your younger self, what would it be?**

Make right choices! Follow Jesus and what His word says.

**Do you have any interests outside of work?**

Spending time with my wife and children. I do enjoy watching and playing sport. Specifically playing basketball and watching the Formula One with my boys - Go Ferrari and Daniel Riccardo!

**What is the meaning of life?**

Jesus! Without Jesus life is meaningless.

*And we know that in all things God works for the good of those who love Him, who have been called according to His purpose.*

*Romans 8:28*



*Mr Michael Newton*

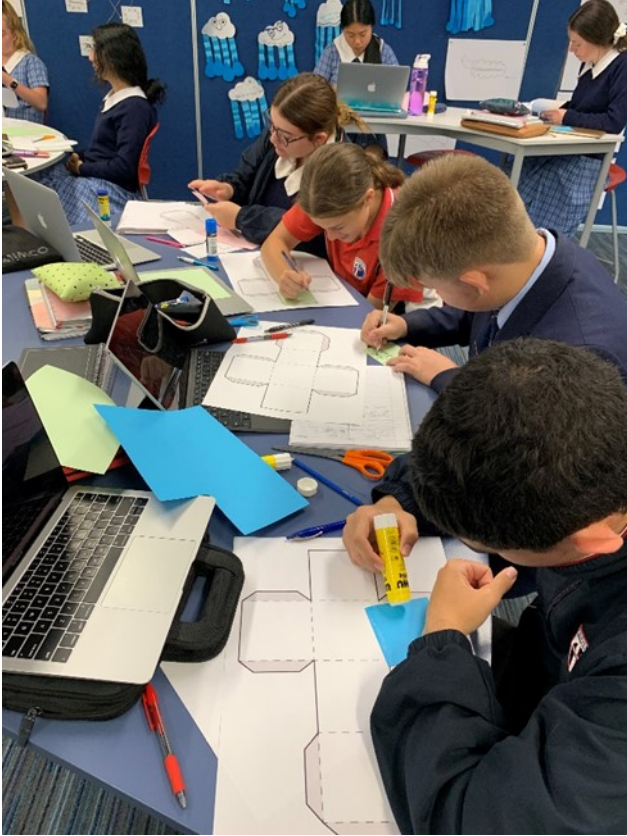
*Deputy Principal -  
Head of Senior School*

# A Handful of HSIE



## Year 10 Geography

Year 10 have been learning about 'Human Wellbeing' and how wellbeing can be a geographical issue. Students explored the United Nations Sustainable Development Goals by selecting one of the 17 goals and creating a 'fact cube'. Students needed to think critically about the facts they selected for their cubes. Students will be using these cubes as memorisation tools in Geography next week.





# Technology



## Year 8 Technology

Year 8 Technology students have combined their skills using textiles technologies with design in the creation of a bag that can be used for travel. They displayed our College values in this activity extremely well, collaborating to share ideas and help one another, and showing craftsmanship as they worked through challenges and applied skills to create their final product.

Some of the students demonstrated high levels of skill as they appliqued, dyed fabric, incorporated laser printing, inserted zippers and lined their bags.

*Mrs Finn, Mr McMinn and Mrs Watson*  
*Technology Teachers*





# Food Technology



## Stage 5 Food Technology

This term, the Stage 5 Food Technology students have participated in activities relating to food equity.

The students were challenged by the fact that some people in Africa spend 4 hours each day collecting water, while we use 30 litres of water every minute in the shower. Students developed some empathy for the daily struggles of people in these communities as they had to line up at the well for water, carry it for a fair distance and then prepare a meal using the water they collected.

Students also used creativity as they developed a meal for a family using 'rations' that would be given to refugees. We have looked at organisations like 'Act for Peace: The Ration Challenge' and 'World Vision' where we can donate funds to help improve food security for people in the world. We also looked at local organisations where we can donate our money or grocery items for people in need, such as Turning Point at Camden.

And now it's time to get festive with some Christmas cooking!

*Mrs Watson*

*Food Technology Teacher*





# Duke of Edinburgh Spotlight

Proud to deliver



As a tumultuous year of the Duke of Edinburgh's Award wraps up, one of our students that has shown initiative, commitment and responsibility and embodied the values of the Award has been Jai Cooper. Jai has completed all the requirements of the Silver Award despite restrictions, and is now waiting to turn 16 before he can begin his Gold Award – he is ahead of the game!

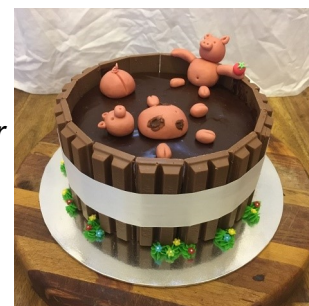
For this fortnight, we turn the Duke of Ed Spotlight onto Jai to find out about his experiences in completing the Silver Award. The Duke of Edinburgh Award consists of 4 sections: Physical Recreation, Skill, Service & Adventurous Journey. Students must organise their own sections apart from the Adventurous Journey and regularly log hours towards completion. To give an insight into the Award, here is what Jai has been completing:

- Physical recreation (Running): Jai has met his goal of running 5km in under 17:30 minutes, which is very impressive.
- Skill (Cake Decorating): Jai has been honing his talents in creating some masterpieces, and has even had opportunities to create cakes for special occasions for paying customers!
- Service (Community Garden): Jai has gotten his 'green thumb' on and put in some hard yakka to support and serve his local community.



In talking to Jai about what he has enjoyed about the Award, Jai has said:

*The Duke of Ed Award program has been an extremely rewarding experience, I have been pushed out of my comfort zone and pushed to limits that I didn't know I had. I love the teamwork that takes place on the hikes and going to places I've never been before. I have learnt a lot of new skills and some of those skills have created new opportunities for me. The Duke of Ed is a great program to participate in because it offers a wide variety of skills, sport and community service based opportunities.*



*Throughout the program, I have learnt how to bee-keep and decorate cakes, serve and help the community through the Camden Community Gardens and participate in Swimming, Running and Cycling. Overall, Duke of Ed has taught me how to serve the community and learn new skills to help me grow as a person inside and outside of the school community.*

The Bronze and Silver Duke of Ed students are looking forward to their upcoming hike next week on Thursday 26 November to Friday 27 November. Over the coming weeks, Mrs Chow is visiting Year 8 Pastoral Care classes to invite students to express their interest to begin the program from the start of 2021. All students in Year 9 and above are also welcome to join the Duke of Ed program at the start of 2021.



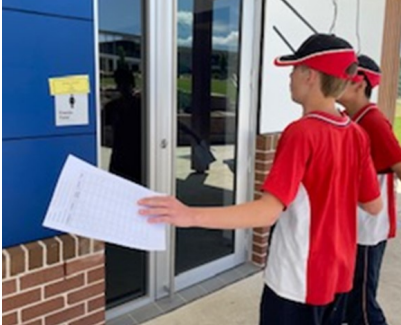
# *The Phenomena that is PDHPE*



## **PDHPE Year 8 Rogaine**

Year 8 are participating in a unit, 'Mind, Body, Spirit'. Within this unit, students are investigating the connection between physical health, mental health and spiritual health – how this is dynamic and can change depending on circumstances.

One of the physical activities that students participated in was a Rogaine around the College. Well done to Keira King and Sabrina Gaibisso who came in first and completed the Rogaine in 15 minutes!



## **PDHPE Year 9 Surf Awareness**



This term, Year 9 students have been participating in a unit called, 'Aussie, Aussie, Aussie'. As a part of this unit, we have looked at beach safety. On Monday 9 November, Jacob White, a surf lifesaver from Narrabeen Surf Lifesaving Club, came and spoke to our Year 9 students about beach safety.

This was a really practical incursion, where students were asked to identify rips, how to protect themselves in the surf and the strategies they can use if they find themselves in danger. The Year 9 students listened intently and learnt from a master of his craft! Looking forward to having him visit our College again next year.

## **Year 10 Mental Health**



Year 10 had the second instalment of the mental health incursion, conducted by Liam Twomey on the Mental Health Fitness Challenge run by BiteBack.

2020 has been a challenging one for mental health and it is really important to be able to address and investigate how to look after your mental health. The Year 10 students learnt about new ways to strengthen their mental health and how to maintain mental endurance. As they head into Stage 6 or new chapters of their lives, guiding them to develop good mental endurance and strategies to look after themselves is vital.

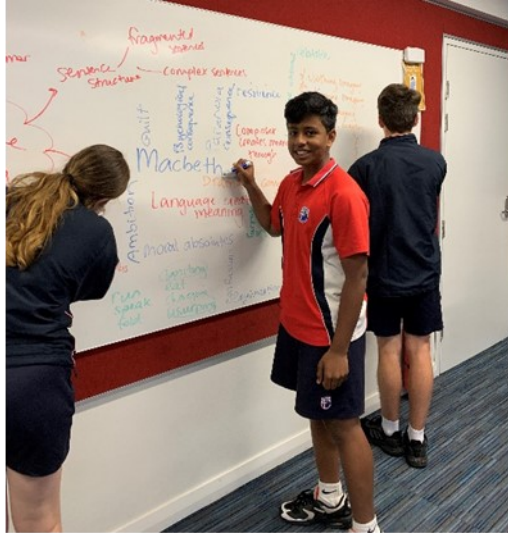
What a privilege it is for us to be able to be on this journey with our students!



# The English Chronicle

Chief Editor: W. Shakespeare

Date: Very Ye Olde



## Breaking News!

### Year 9 are learning about Shakespeare's *Macbeth*!

Sub-Editor: Squire J. Little

Sketch artist: Lady M. Manthos

Year 9 are learning about Shakespeare's *Macbeth* by exploring thematic concepts such as the ways 'guilt' and 'ambition' shape characters.

Students have been engaging in a range of thinking routines to prompt critical thinking and meaningful reflection. For example, students constructed 'concept maps' to generate thoughtful insights about characters and their journey. These concept maps generated elevated vocabulary which students were then able to practise in their essay writing.

Year 9 have also been diligently writing sample analytical and creative responses in preparation for their final examination. We are impressed with this group's commitment to seeking and implementing teacher feedback this semester.

**Apothecary to fix your scabs and sores.: C. McLaren (very discrete)**

**Paper girl: J. Soane (toss her a coin ... no buttons please)**



# English Chat with Year 9

## Miss Manthos and Madison Senior



What have you enjoyed most about English this year?

I have enjoyed learning how to write properly including language techniques. I have enjoyed seeing improvements in my writing.

What is one interesting fact you could share about the play *Macbeth*?

One interesting fact is that it is a SUPER gruesome play!

What is a new language device you have learned this term?

Chiasmus – When concepts are repeated in reverse order!

Do you play any musical instruments?

Yes – I play the piano. I play the piano three times a week.



# SPORT

SENIOR SCHOOL

## MISA Sport Term 4

What a week of sport – how good is it to be back playing, training and competing! Our MISA teams are going from strength to strength, with this week being our best MISA round yet!

- **MISA 9-10 Boys Volleyball defeated SBCC (3-0)**
- **MISA 9-10 Girls Volleyball defeated SBCC (3-0)**
- **MISA 7-8 Girls Oz Tag defeated SBCC (3-2)**
- **MISA 9-10 Mixed Frisbee defeated SBCC (14-7)**
- MISA 7-8 Boys Oz Tag defeated by SBCC
- MISA 7-8 Girls Softball defeated by SBCC
- MISA 7-8 Girls AFL defeated by SBCC
- MISA 9-10 Indoor Cricket defeated by SBCC
- MISA 7-8 Boys AFL defeated by SBCC



Remember to attend training on Tuesday mornings from 7:45-8:15am so that you can continue to improve and refine your craft!



## ‘Conquer the World’ House Challenge

Well done to all the students entering their kilometres for the House Challenge. Please email Mrs. Clisdell your distances to see how far we can run around the world before the end of the year!



*Mrs Clisdell*  
*Head of PDHPE Senior School*





**“GLORIES STREAM FROM HEAVEN AFAR..”**



This year our Carols will stream from a little closer.  
Join us live online - Saturday 19th from 7:30pm.

Grab your friends and family and  
enjoy our carols online this year.

*we're streaming*

**Oran Park**  
COMMUNITY CAROLS



**7:30 - 9PM SATURDAY DECEMBER 19TH**  
**YOUTUBE.COM/NEWLIFEORANPARKLIVE**

Christmas services too.



**Ladies, you are invited  
to a fun night out,  
to bring out your creative side.  
No skill required!**

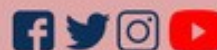
**Saturday 5 Dec  
6:30-8:30pm**



**Book your ticket at:**  
[www.TryBooking.com/eventlist/newlifeoranpark](http://www.TryBooking.com/eventlist/newlifeoranpark)  
(or by scanning the QR Code)

**\$30**

includes  
supper







# CHAMPIONS ARE MADE, NOT BORN.

Term 4 2020 - Update



## MORE THAN FOOTBALL

Thank you to the community for the support and for getting your kids active and having fun particularly during this challenging time.

Our program provides kids the opportunity to have valuable experiences and learn life skills that will help shape their future. We do this by staying true and committed to our purpose and values.

We are offering a 55% discount code for all students of Oran park Promo Code: 55NSW5  
If you have any questions and would like further information, please contact us direct on 0488 372 666.

### Weekly Sessions

**Location:** Oran Park  
Anglican College

#### Saturday's

9:00am Ages 5 to 7

10:00am Ages 8 to 9

11:00am Girls Only Program

**Location:** Julia Reserve  
Oran Park

#### Tuesday's

3:30am Ages 5 to 12

### Holiday Fun Camp

**Location:** Oran Park  
Anglican College

12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> Jan 2021

Half Day 9am to 12pm

Full Day 9am to 3pm

Ages 4-7, 8-12 & 13-15



## SCHOOL HOLIDAY CAMPS

*TO SUIT ALL AGES & ABILITIES*

**JOIN US AT OUR NEXT PROGRAM:**

**Oran Park Anglican College**

60 Central Ave, Oran Park NSW 2570

**- ASK US ABOUT OUR EARLY BIRD SPECIAL -**

CREATING A MOVEMENT OF CHANGE  
FOR TOMORROW'S GRASSROOTS LEADERS



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