At Oran Park Anglican College we are seeking to create a community of care. As a Christian College our source of love and model for this is God. Our values are based on a biblical view of the world which shape our teaching and attitudes. Relationships are our most important asset which rely on good communication and trust. A College which is flourishing has those attributes of a community of care rather than being fashioned as an institution. There is much research that suggests schools need to focus not just on academic success but also on student wellbeing. To this end the College has a number of initiatives to enhance wellbeing and promote student growth.

One of these initiatives is the Peer Support program. This week we saw the commencement of this program ably led by our Stage 3 students. This is a wonderful opportunity for students to meet in small House groups and be involved in learning from their peers in a structured program. Year 5 and 6 students undertake training and debriefing sessions with their class teachers to assist them in their leadership skills. There are further details about the content of the program later in the newsletter.

As I move around the Campus I am delighted to see students engaged in their learning; asking questions, working in teams and finding solutions to problems. There is a wonderful warm and welcoming environment which spills over from the staff to the students. There is a vibrancy as students experience the care and nurture necessary for them to flourish.

I hope you enjoy reading through this week’s newsletter as we highlight the activities that are part of “The Life” here at the College.

“Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love. This is how God showed his love among us: He sent his one and only Son into the world that we might live through him.” 1 John 4:7-9

Mrs Naomi Wilkins
Head of Campus
### JUNIOR SCHOOL

**Week 3**
- **Monday, 9 May**
  - K-6 NRL Skills
  - Y2-6 Skills Academy (Football)
  - Y3-6 Skills Academy (Netball)
  - Y6 Excursion (selected students)
- **Tuesday, 10 May**
  - Y3 and Y 5 NAPLAN
- **Wednesday, 11 May**
  - Y3 and Y 5 NAPLAN
  - IPSSO at MAS
- **Thursday, 12 May**
  - Y3 and Y 5 NAPLAN
  - P&F Meeting
- **Friday, 13 May**
  - Y3 and Y 5 NAPLAN (catch up day)
  - No Assembly

**Week 4**
- **Monday, 16 May**
  - K-6 NRL Skills
  - Y2-6 Skills Academy (Football)
  - Y3-6 Skills Academy (Netball)
- **Wednesday, 18 May**
  - IPSSO at OPAC
- **Friday, 20 May**
  - P-6 Assembly 2.20 pm (Item: KB, KR, KW)

### SENIOR SCHOOL

**Week 3**
- **Tuesday, 10 May**
  - Y7-8 Boys Swimming
  - Y7 and Y9 NAPLAN
- **Wednesday, 11 May**
  - Senior School Band Practice
  - Y7 and Y9 NAPLAN
- **Thursday, 12 May**
  - Senior School Band Practice
  - Y7 and Y9 NAPLAN
  - P&F Meeting
- **Friday, 13 May**
  - Y7 and Y9 NAPLAN (catch up day)

**Week 4**
- **Tuesday, 17 May**
  - Y7-8 Boys Swimming
- **Wednesday, 18 May**
  - Senior School Band Practice
- **Thursday, 19 May**
  - Senior School Band Practice
SAVE THE DATES

Creative Arts Nights

All parents, family and friends are invited to the Oran Park Anglican College Creative Arts Nights to be held in Term 3.

All students will be showcasing their skills in drama, choir, public speaking, band, dance and much more. Please put these dates into your calendar.

Prep - Year 6

Date  Thursday, 8 September 2016
Time  5.00 pm  Students arrive
      5.30 pm - 7.30 pm
Venue  Camden Civic Centre

Years 7 - 9

Date  Wednesday, 17 August 2016
Time  6.30 pm - 8.00 pm
Venue  NewLife Anglican Church

Celebration Assemblies

Due to the growth of the College, the College will be holding two end of year assemblies.

All students are expected to attend.

Prep - Year 2

Date  Friday, 2 December 2016
Time  1.45 pm - 3.00 pm
Venue  NewLife Anglican Church

Years 3 - 9

Date  Thursday, 1 December 2016
Time  5.00 pm - 6.30 pm
Venue  Camden Civic Centre

Oran Park Festival Book Fair

It was great to see so many families purchasing books at the Oran Park Festival.

The College raised $550 towards the purchase of additional resources.

Thank you to all families who also donated a book. These books will be placed in the College Library.

Our second Book Fair for the year will coincide with Book Week (August).

Scholastic Book Club is available during the term for students to purchase from each month. The College receives a commission from these sales which is used to purchase more resources. Please return Book Club orders to the Office. Payment can also be made online.
**College Winter Uniform**

**Junior School**

The winter uniform is compulsory from Monday, 9 May.

The bomber jacket is to be worn as the outer layer coming to and from the College. The sloppy joe is only to be worn underneath the bomber jacket or whilst at the College.

The broad brimmed hat is to be worn to and from the College and at recess and lunch.

**Senior School**

The winter uniform is compulsory from Monday, 9 May.

Senior boys can wear either the long or short sleeved shirt in winter.

Jumpers are not compulsory and are not to be the outer layer coming to and from the College.

The blazer is compulsory in Terms 2 and 3 as the outer layer to and from the College.

College hats are to be worn to and from the College. The sports hat may be worn at recess and lunch when playing on the oval.

**Prep Winter Uniform**

<table>
<thead>
<tr>
<th>Item</th>
<th>Color/Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shirt</td>
<td>Polo with embroidery</td>
</tr>
<tr>
<td>Sloppy Joe</td>
<td>Navy with embroidery</td>
</tr>
<tr>
<td>Track Pants</td>
<td>Navy fleece</td>
</tr>
<tr>
<td>Socks</td>
<td>White</td>
</tr>
<tr>
<td>Shoes</td>
<td>White joggers</td>
</tr>
<tr>
<td>Cap</td>
<td>Navy/red/white with embroidery</td>
</tr>
</tbody>
</table>

**Junior Winter Uniform - Boys**

<table>
<thead>
<tr>
<th>Item</th>
<th>Color/Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shirt</td>
<td>Sky blue long sleeve</td>
</tr>
<tr>
<td>Trousers</td>
<td>Navy</td>
</tr>
<tr>
<td>Sloppy Joe</td>
<td>Navy with embroidery</td>
</tr>
<tr>
<td>Bomber Jacket</td>
<td>Navy with stripes and crest</td>
</tr>
<tr>
<td>Tie</td>
<td>Navy with red/white stripes</td>
</tr>
<tr>
<td>Socks</td>
<td>Navy</td>
</tr>
<tr>
<td>Shoes</td>
<td>Black leather lace up</td>
</tr>
<tr>
<td>Hat</td>
<td>Navy with embroidery</td>
</tr>
</tbody>
</table>

**Junior Winter Uniform - Girls**

<table>
<thead>
<tr>
<th>Item</th>
<th>Color/Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tunic</td>
<td>Navy tartan</td>
</tr>
<tr>
<td>Blouse</td>
<td>Sky blue long sleeve</td>
</tr>
<tr>
<td>Sloppy Joe</td>
<td>Navy with embroidery</td>
</tr>
<tr>
<td>Bomber Jacket</td>
<td>Navy with stripes and crest</td>
</tr>
<tr>
<td>Tights</td>
<td>Navy</td>
</tr>
<tr>
<td>Shoes</td>
<td>Black leather lace up</td>
</tr>
<tr>
<td>Hat</td>
<td>Navy with embroidery</td>
</tr>
</tbody>
</table>

**Senior Winter Uniform - Girls**

<table>
<thead>
<tr>
<th>Item</th>
<th>Color/Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kilt</td>
<td>Blue and green tartan</td>
</tr>
<tr>
<td>Shirt</td>
<td>L/S sky overblouse, navy piping</td>
</tr>
<tr>
<td>Tie</td>
<td>Tartan</td>
</tr>
<tr>
<td>Pullover</td>
<td>Navy wool</td>
</tr>
<tr>
<td>Blazer</td>
<td>Navy collarless tailored</td>
</tr>
<tr>
<td>Tights</td>
<td>Navy opaque</td>
</tr>
<tr>
<td>Hat</td>
<td>Navy Natasha with tartan band</td>
</tr>
</tbody>
</table>

**Senior Winter Uniform - Boys**

<table>
<thead>
<tr>
<th>Item</th>
<th>Color/Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shirt</td>
<td>Sky blue</td>
</tr>
<tr>
<td>Trousers</td>
<td>Grey</td>
</tr>
<tr>
<td>Tie</td>
<td>Navy with red/white stripes</td>
</tr>
<tr>
<td>Pullover</td>
<td>Navy wool</td>
</tr>
<tr>
<td>Blazer</td>
<td>Navy unisex with crest</td>
</tr>
<tr>
<td>Socks</td>
<td>Grey Ankle style</td>
</tr>
<tr>
<td>Shoes</td>
<td>Black leather lace up</td>
</tr>
<tr>
<td>Hat</td>
<td>Akubra</td>
</tr>
</tbody>
</table>
**Anglican Schools Corporation Choral Festival**

Junior and Senior School Choir members will be performing at the ASC Choral Festival on Friday, 17 June between 9.30 am – 3.00 pm.

Students will be performing two items, “Ndinani Na” & “A Prayer”. They will also participate in a combined item with all the schools called, “The Water is Wide” by Rollo Dilworth.

This is a wonderful opportunity for the students to represent the College and demonstrate their choral ability.

Parents are welcome to attend the final performance between 2.00 pm - 3.00 pm at Rouse Hill Anglican College.

Mrs Lane

**Year 4 & 5 Band Performance**

On Thursday 16 June, the Year 4 and 5 Band will be performing for family and friends during their normal rehearsal time.

All are welcome to come and watch the students perform between 2.30 pm - 3.00 pm in the upstairs break out space in B block.

Students will be displaying some of their favourite pieces to play and will feature in group performances and solos.

Mrs Lane

**ANZAC Day March**

Thank you to all students and their family members who represented the College at the Camden ANZAC Day March.
After a welcome break at the end of last term, it was wonderful to welcome our students and families back to College. We would like to extend a special welcome to the many new families who have joined us and we trust you will enjoy getting to know new friends and settle quickly into College life.

We began the term with many students proudly representing family members in the Camden Anzac Day march, then participating in our Anzac assembly last Friday. It was wonderful to welcome family members to our assembly who have served Australia in various defence forces and for our students to reflect on the sacrifices that so many have made so that we can live in freedom today as a result.

Last Friday we welcomed Mrs Lindsay’s father, Mr James Roy, to the College. Mr Roy is a children’s book author who kindly came to share his passion for storytelling with all students from Prep to Year 6 and to encourage them to join OPAC’s Reading Challenge that was launched on the same day. Students have been challenged to read 30 books by 25 August and it is exciting to hear many children already enthusiastic about joining.

This term promises to be a busy one. Next week, students in Years 3 and 5 will sit their Naplan tests. All students have spent some time practising the style of test that they will undertake. They should be well prepared and are encouraged to get good rest next week, to take their time to read the questions carefully in each test and to do their best.

Today we celebrated the role that mothers play in our lives and expressed our thanks by providing breakfast for them at College. Despite a very brisk, Autumn morning, it was beautifully sunny and we were pleased that so many mums could join us so that we could show our gratitude to them.

Our Year 5 and 6 students have recently undertaken training in order to prepare them for their leadership roles in the Peer Support program that began across Kindergarten to Year 4 today. The students were trained in recognising their strengths and weaknesses, in developing active listening, organisation and communication skills. Each week this term, students across the College will take part in the program which helps foster leadership skills and multi-age friendships. We are looking forward to watching students grow.

Last week our Junior and Senior netball teams participated in the ASC Netball Gala Day at Kellyville. It was a great experience for both teams who played so well all day. Congratulations to our Junior Netball team (Years 3 and 4) who gained first place in their pool. The girls were undefeated throughout the day and only narrowly lost the final – an admirable effort! Well done girls! Both teams were fabulous ambassadors for our College and we are proud of your representation at the carnival.

Mrs Cathy Grant
Junior School Coordinator
**OPAC Reading Challenge**

Last week we were fortunate to be visited by children's author James Roy. James is an Australian writer and also happens to be Mrs Lindsay's dad! He writes primarily for young adults and children and shared with the children has written and published 30 books. James shared stories and spoke about the art of story-telling in order to enthuse our students for the OPAC Reading Challenge.

Each student has received a reading log on which they are to record books they read and are challenged to read 30 titles. They can also give each book a rating out of 5 stars. The challenge will conclude on Thursday, 25 August, during our Book Week celebrations.

Students who meet the challenge will be rewarded with a certificate and their names published in the OPAC newsletter. They will also be a part of a special celebration taking place on Friday, 26 August.

This challenge aims to engage students in the world of reading and students will be able to borrow books during their weekly Library sessions. Perhaps you could encourage them by taking them to visit their local library.

Parents of younger students are able to read the books to their child and it is expected that students will read material which is appropriate to their age, stage and ability.

Happy reading!

---

**Peer Support**

Peer Support will take place during Term 2 and will involve all students in K-6. During this time students will be split into groups of 10-15 students within their house groups and the Stage 3 students will guide discussions and activities for students in K-4.

This term, students will be using a module developed by Peer Support Australia, *Taking Opportunities*, which focuses on resilience. The experiences presented in the module help children develop skills to identify their strengths, celebrate their achievements and seek assistance when faces with challenges.

During the first week students will establish their group agreements so they can work well together. Children will share some of their favourite things and learn about other members of their group.

In the second session the children will learn about the importance of having a go. The activities help them identify what they have already learned to do and what skills they would like to learn. The children will also explore their feelings when faced with difficulties and identify the need for courage when they try something new.

To follow up from these sessions it would be great if you can encourage your child to be aware of the importance of learning from their mistakes and trying new experiences.

Mrs Watson
READING CHALLENGE

29 April - 25 August

Join the Oran Park Anglican College Reading Challenge! Read 30 books between 29 April and 25 August 2016 and discover the love of reading for leisure and pleasure.

Special lunch and certificate awarded to the students who complete the Challenge!
Welcome back to Term Two. I just want to start by reflecting on the last week of Term One when we held the Oran Park Festival. We were blessed to have such a perfect Autumn day and a huge variety of market stalls, a massive motor show and a massive crowd! The Festival started with the grand entrance of the helicopter arriving and created quite a buzz. The children were entertained by the amazing variety of carnival rides, rock climbing wall, pony rides and much more. The big kids were equally entertained by the helicopter rides and the motor show with over 70 entrants. There was a fabulous array of merchandise in the stalls, fantastic live entertainment and let's not forget Batman and the Bat-mobile. The day was a tremendous success with an estimated attendance exceeding 2,500 people.

The day would not have been so successful if not for the tremendous and hardworking efforts of our Parents and Friends Association. We would like to thank them for all they did and continue to do in and around the College and we acknowledge the time and help that went into planning and preparing the Festival. We also encourage more parents to join the P&F and to get involved in helping out in future events. We cannot overstate the joy and satisfaction that you can get through helping and serving others.

ANZAC Day was commemorated by the Senior School with an ANZAC service held at the College last Friday. Students and staff reflected upon those who fought and died in the war. The Australian flag was lowered to half-mast as the last post was played and a minute’s silence was observed as a sign of respect. We listened to stories about the meaning of ANZAC and learned about the endurance the soldiers displayed and how those involved displayed courage, bravery, endurance, mateship, determination and sacrifice.

We are pleased to announce that the earthworks have commenced in preparation for the foundations of our new double story Senior Studies building. The new Senior Studies building will have 12 classrooms plus additional learning spaces and specialist Science, Visual Arts and Technology and Applied Studies learning areas. The learning opportunities that will occur for students in observations of the construction process are enormous. It is envisaged that this building will be completed and ready for occupation by the beginning of Term One, 2017.

Mr Steve Moynan
Senior School Coordinator
Preparing for NAPLAN

Just about everyone gets stressed about tests. A little bit of stress can actually help your child to perform better, as it sets off a physiological reaction that directs blood to the brain and muscles. However, symptoms of stress can be uncomfortable and all children need to learn how to manage these symptoms.

While a little bit of stress is helpful, too much stress can interfere with performance. It can make your child feel nauseous, block their memory, give them a headache, or make it hard to sleep at night. If that sounds like your child, the following tips might be helpful for you to discuss with them.

- **Breathe out slowly.** When you feel stressed, one of the fastest ways to calm down is to breathe out really slowly. Count slowly to yourself “one thousand, two thousand, three thousand” as you breathe out and you will start to feel calmer.
- **Write out your worries.** A few days before the test, if you’re feeling really worried, it can be helpful to grab a piece of paper and write down your worries. Write out an answer to the question “What would happen if I failed this test?” (Even though you can’t fail NAPLAN!) Then write out an answer to “If I did fail, what would happen then?” Often you’ll find that nothing all that bad would happen. Knowing the answer to those questions can help you feel better.
- **Focus on now.** It’s easy to worry about what might happen or keep thinking about that time you didn’t do so well on the maths homework. But to do well in tests, you need to focus your brain-power on the questions in front of you, right now. To do that, keep asking yourself “What do I need to do right now?”
- **Build momentum.** Answer a question that feels easy first so that you build some confidence.
- **Look after yourself.** Eating healthy food, drink lots of water and getting a good night’s sleep before the tests is an easy way to help yourself do your best. Avoid sugary breakfasts on the day, as they may interfere with your concentration. When your body is feeling good, your brain is at its best.
- **Keep calm and carry on.** It’s important to try your best at NAPLAN and on other tests. But don’t fall into the trap of thinking it’s the most important thing ever. You have lots of skills and talents that are NOT measured by NAPLAN. Remind yourself of all those things you’re good at. NAPLAN is important, but it is not a measure of how intelligent you are or predictor of your future.

Based on an article by Andrew Fuller, clinical psychologist. For more, see www.andrewfuller.com.au

Mrs Clare Calderwood
College Counsellor
IPSSO

Our Winter IPSSO competition is about to begin. As preparation for this our Netball teams played at a SASC Gala Day with our Junior team making it all the way to the finals. Our Seniors also played really well. Well done girls!

Our first 2 games will be held against Macarthur Anglican and St Peter’s.
Wednesday, 11 May at Macarthur Anglican School
Juniors 11.35 am
Seniors 1.15 pm

Wednesday, 18 May at OPAC
Juniors 12.00 pm
Seniors 1.05 pm

Please note that our Football (Soccer) games will now be held at Jack Brabham Reserve (behind Oran Park Public School, South Circuit, Oran Park).

All other games are at the College with Netball on the courts and Newcombe Ball/Volleyball on the oval.

Training is at 8 am on the oval for Football and on the courts for Netball. Newcombe Ball is held on the grassed area at College. Please check with the College Office if you are unsure if training and games are not on due to wet weather.

There are no specific uniform and safety requirements with the exception of Football.
IPSSO Football students will need the following:
- Shin Pads
- Long plain navy blue socks (available at the College office). Socks should be plain with no club logos writing or branding.
- Boots are not compulsory but are recommended. Studs should be of the molded type (no metal studs).

College Sport

Years K-6 have been participating in the Backyard League Program run by the NRL. We are really appreciative of the NRL and their willingness to help teach our students fundamental movement and ball skills.

Skills Academy

Years 1-6 Skills Academy has started with all of our students learning valuable skills in Football and Netball as well having a great time playing these sports. The Kindergarten program will be commencing later in the term.

Mr Chapman
P-6 Sport Organiser
SPORT

SASC Netball Gala Day

On Thursday, 28 April, 30 students from Oran Park Anglican College descended upon Kellyville Netball Complex to participate in a Netball Gala Day. The day was a beautiful day and the girls were extremely excited for this opportunity.

The Junior team (Years 3-4) flew the flag for Oran Park, being undefeated in their pool. Unfortunately, our girls ran out of steam in the second half of their finals to Claremont Green, going down 7-4. The Senior Primary team (Years 5-6) and the Secondary Team (Years 7-9) had an enjoyable day and improved each game.

Well done to all the students who represented the College in the netball gala day.

NASSA Soccer Trials

On Thursday, 28 April, Ronan Cassar (Year 9), Connor Scerri (Year 9), Ethan Simmons (Year 8) and Rebecca Ling (Year 9) were selected to represent Oran Park at the NASSA Soccer Trials. This is for representative NASSA teams, U/15 (boys and girls) and Opens (boys and girls) with students being sent from all of the NASSA schools. Ronan and Rebecca were selected into the final 25 students. From there, the Sports coordinators will be notified if they have made the team. Well done to these students and we look forward to hearing of your future success!

CDI Equestrian Day

On the last day of College, our Equestrian Team attended the CDI international Dressage competition. Our tour guide was Sue Birch from NSW Equestrian Federation. Sue is a national judge and is the author of the Equi-skills program that some of our students are completing. During our tour, we met a two International Judges: one from Mexico and another from America. These judges will be judging the dressage at the Olympics in Rio, so that gave our students a buzz! We also had a tour of the stables, meeting some of our international riders who are striving to be selected for the Australian Dressage team for the Olympics. This as an excellent day and provided the students with an insight as to how much dedication and commitment it takes to be the best in your sport.

Mrs Clisdell
Senior School Sport Organiser
LOWES
SCHOOL UNIFORMS
Clothing and Educating Australia's Youth

FRIDAY 13TH
13% OFF
ORIGINAL PRICES
EVERYTHING ONLINE!

ENTER PROMO CODE 13FRI2016 AT CHECKOUT

*Offer valid Friday 13th May only. Limit one offer per transaction - Excludes gift cards.
Be An Entomologist For a Day

Saturday 7th May  1:00 - 3:30pm
Campbelltown Arts Centre
Gold Coin Donation

Search for Bugs
Identify Insects
Use Entomology Equipment
Insect Care
Learn about Invertebrates

Hands On
Heaps of Fun
Live and Preserved Bugs

An Event brought to you by
www.friendsofthephasmid.org.au
sfellenb@bigpond.net.au

“SAVE THE PHASMID, SAVE THE WORLD”
Friends of the Phasmid
the friends of the large two phasmid inc. - a charitable institution of dedicated people