From the Principal and Head of Campus

Thank you to all the families who joined us at the Parent Information Evening on Tuesday night. It was a great opportunity to outline some of the programs and initiatives we have planned for this year. The responsibility of developing your children into responsible citizens who can make a contribution to society requires a partnership between parents, the College and the wider community. A successful partnership requires good communication, mutual respect and support.

OPAC has grown to 150 students this year and with this increased population there are going to be growing pains and we ask for your patience as we develop safe and efficient daily procedures. If you would like to provide feedback then please don’t hesitate to email the College so we can work together to build this community.

Communication is important and the best way to contact your child’s classroom teacher is via email. Please be aware that most teachers won’t get a chance to read your email during the school day so allow 24 hours for a response. If you want to arrange a meeting with a teacher this is possible or you can request a phone call.

As a College we are trying to reduce our use of paper and where possible communicate via email. Often important information is distributed via email and we encourage you to please read all the emails sent to you from the College.

The College uniform distinguishes our students from all other schools. It includes the College colours of red, navy blue and white and is expected to be worn with pride. While students are in the uniform that are representing the College and we know that members of the community judge us on the way our students wear their uniform and conduct themselves.

Continued over page…..
A few points about uniform to bring to your attention:

Dress length should reach below the knee.

Jewellery – no jewellery is allowed for boys except a watch and for girls only a single set of stud or sleeper (no larger than 1 cm) earrings and a watch are allowed.

Hats – the broad brimmed hat is compulsory all year round and should be worn to and from the College every day. During PE or sport activities students will be instructed by their teachers to wear the College cap.

We are building a culture at Oran Park Anglican College of rich learning where we hope children enjoy coming to school, not just to socialise with their friends but because they are engaged in the core business of schooling – their education. We ask parents to encourage this positive attitude towards learning by following up with them on what they have been doing in their classroom, supporting them in their homework and encouraging them to set goals to improve in areas of weakness. This culture is further enhanced when we reduce interruptions and you can help in this way by ensuring school is a priority and appointments and holidays where possible are made outside school hours. Even early pickups can be disrupting to the closure of a lesson and so it would be good if where possible these interruptions were kept to a minimum.

College hours
College Office is open 8am - 4pm
Senior School hours - 8:10am - 3:30pm
Junior School hours – 8:30am – 3:30pm
Bambino’s provides before and after school care in the Preparatory classroom each week day from 6am-8:30am and 3:30pm-6pm.

Whist there is supervision from 8:10am for all students we do not wish to encourage the early arrival of Junior School students and there will be no active play supervision until 8:30am.

It is a privilege to work at Oran Park Anglican College. Our vision is to develop the whole student not just academically but physically and spiritually.

“But Jesus called the children to him and said, “Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it.” Luke 18:15-17

Mr Ross Whelan    Mrs Naomi Wilkins
Principal     Head of Campus
**End of Day Pick Up**

When the bell rings at the end of each day, students will exit their classroom with their teacher and be seated in class lines.

If you are sitting on the seats in front of classrooms or canteen, we ask that you move to the grass area in front of the play equipment whilst students are exiting the classrooms so that bus students can access the walkway past the canteen easily.

Class teachers will then dismiss their students and parents/guardians are asked to collect their child from their class teacher or teacher in charge of their class.

If students are not picked up by their parent/guardian on dismissal, the student will be asked to sit on the silver seats in front of the Year 1 classroom until collected. Students will not be allowed to play on the play equipment whilst in the care of their teacher.

Could you please reiterate these instructions to your child.

**Year 1 and Year 2 Incursion**

Date Monday, 3 March 2014 to Friday, 14 March 2014

Chicks ‘R’ Us will be visiting the College for students to watch chicks hatching from eggs. The company will set up an incubator (with full viewing area) with 12 embryo eggs. From delivery, students may hear ‘peeping’ noises from inside the shells and for up to 5 days, students can watch chicks hatch from their shell. Once the chicks are hatched, they will be moved into a viewing box. Students will have an opportunity to observe and handle the chicks.

If you do not wish for your child to participate in this incursion, please email the College Office before Friday, 28 February 2014.

**Year 3 and Year 4 Excursion**

Date Thursday, 6 March 2014
Venue Hyde Park Barracks

A permission note was emailed to parents, please return to the College Office.

**Parent/Teacher Interviews**

Date Wednesday, 19 March 2014

Information will be emailed closer to the date.
Student Dress Code

The uniform distinguishes our students from all other schools. It includes the College colours of red, navy blue and white. It reflects the distinctiveness of the College within the community and is expected to be worn with pride.

Whenever a student is in the College uniform, he or she is representing the reputation of the College. Members of the community judge us all by the way our students wear their uniform and the way they behave – on public transport, at railway stations, in shopping centres and elsewhere.

The College is implementing some additions to discipline procedures. Over the remainder of this term there will be a focus on the wearing of the College uniform. Beginning Term 2, the Uniform Infringement Notification letter will be issued to students who are not adhering to the College Uniform Code next week. It is our hope to assist the students in further developing their self discipline. We encourage them to make good, positive, disciplined decisions and wearing the uniform appropriately assists in this process.

The following Uniform Code is designed to assist parents and students to ensure that our high standards of dress are maintained. If in doubt about any of these items, contact your student’s teacher or the Head of Campus.

THE UNIFORM CODE

♦ The summer uniform is to be worn in Terms 1 and 4. The winter uniform is to be worn between the Monday after Mothers’ Day and the Friday before Fathers’ Day.

♦ All items of clothing and footwear must be clearly labelled with the student’s name.

♦ Clothing and hats should be maintained in a tidy manner; damaged or defaced items should be replaced promptly.

♦ On wet days, students should wear a raincoat.

♦ The College jacket is the only approved outerwear in winter. If additional warmth is required, the sloppy-joe is to be worn underneath the jacket. If it gets warm during the day, the sloppy-joe can be taken off. The sloppy-joe must not be worn as a substitute for the jacket.

♦ Girls’ summer dresses must be below the knee. Sleeves must come just above the elbow.

♦ Boys’ shirts must always be tucked in and have their top button done up at all times during winter. Ties need to be worn in the appropriate manner.

♦ Sports shorts must be of a reasonable length (just above the knee).

♦ Students who are selected to represent the College or NASSA in swimming are required to wear only navy blue swimming costumes. Bikinis are not permitted at College carnivals.
Hats

- The designated College hat is compulsory all year round for Junior and Senior School students. All students must wear the College hat in all outdoor activities.

- The approved headwear for students during sport or PE lessons is the College cap. The Cap, however, may not be worn at other times as a substitute for the appropriate College hat.

- The approved headwear for students running around at recess and lunchtime is the College wide brim hat.

- All students must wear their College hat to and from College.

Footwear

- Black leather, polishable lace-up shoes are the only footwear that may be worn with the summer and winter uniforms. **Black leather, (polishable) buckle up shoes are permissible in K – 2 only.** For safety reasons, the total height of the heel must not exceed 30mm. **Joggers are not permitted.**

- **Predominantly white** and sturdy joggers only may be worn with the sports uniform. Students who breach this rule may be barred from participating in PE and Sport and will not be permitted to represent the College. (If coloured, predominantly white with grey/navy or red preferably).

- Socks must be above the ankle and should be of the turn down variety. Socks worn below the ankles are not acceptable. Socks for PE/Sport are to be plain white in colour only with no logos.

Hair

- Hairstyles should be tidy, natural colour, of a safe length (above collar length may be worn down, longer than collar must be tied back), not restricting one’s vision and certainly not attention seeking. Hairstyles must be plain and respectable. If hair does not comply with the guideline, students will be asked to have their hairstyle changed.

- Hair accessories for girls such as ribbons or bands, where needed, should be plain **Red** for girls in Prep and Junior School and plain **Navy** for girls in Senior School.

Jewellery

- Girls may wear only one plain stud or sleeper earring (no larger than 1 cm) per ear (matching pair). Rings, necklaces, bracelets including religious pendants, make-up and nail polish may not be worn to College.

- Boys are not permitted to wear earrings, necklaces or other jewellery. The basic principles underlying these rules relate to safety, avoidance of attention-seeking and detraction from the integrity and distinctiveness of the College uniform.

- Students who do not comply with these rules will be reminded once and thereafter will have their name recorded, penalties imposed and parents notified.
## Illustrative Guide to Assist in the Purchase of Acceptable school Shoes

### Acceptable School Shoes

**Features:**
- Black leather
- Polishable
- Laced
- Upper foot protection
- Stepped heel (no higher than 3cm)

### Acceptable Sports Shoes

**Features:**
- Lace up (no slips on)
- Cover all of the top of the foot
- Provides arch support
- Ankle support & sole protection
- Conservative colours (mainly black, white, grey or silver)

### Unacceptable Shoes

**Unacceptable features:**
- The majority of the upper foot is unprotected
- Smooth sole with little or no grip
- Thin soft leather offering little protection
- Canvas upper e.g. Rabens, Vans
- Whole shoe Fluoro colours

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Students undertaking practical based subjects need to wear leather shoes that protect their feet against drops and spills. WH&S requirements will result in students who are not wearing shoes with sufficient protection being excluded from some practical activities.
In the classroom with Mrs Finlay, Ms Smith and Prep

We have had a great start to the year in Prep. The students have been having lots of fun getting to know each other and becoming familiar with the routine of Prep. We have been learning about circles and squares and working on our nursery rhymes unit. You will notice lots of work samples around the room, which I am sure your children will enjoy showing you. We have been practising our turn taking skills while playing games with Ms Smith and are enthusiastically participating in zumba with Roxanne on Monday afternoons.
We are all very pleased with how well our new little members of Oran Park Anglican College have settled into the routines at College.

We have started learning about God and the wonderful world He has created for us to live in, as well as find out some of the responsibilities that we have to it. We have begun to look at living and Non living parts of our world and have been taking a close look at the continent of Asia as part of this study.

Kindergarten have learnt that there are many children all around the world who go to school just like them, some things are the same and some things are different. We have loved listening to and trying to speak other languages and have even learnt to sing some new songs in these languages. ‘Where is Thumpkin’ in Indonesian is our favourite!

We have started Maths and Reading groups across the year which students look forward to each day. We’ve played lots of games, shared our ideas with each other when writing and speaking and reading books ON OUR OWN!

Please come and visit our rooms to see more amazing works we have created.

Mrs Watson & Miss Edwards
Sport: Prep, Kindergarten - Year 2

It's ZUMBA, ZUMBA, ZUMBA!
Our Prep to Year 2's are enjoying participating in ZUMBA for sport this term (and so are the staff!) There has been plenty of moving, plenty of shaking and loads of fun!

The enjoyment is etched over each and every child's face and it's wonderful to see the students being active, keeping fit and revelling in their participation.
Keep an eye out for some photos in future editions.

Sport: Year 3 - Year 6

With the IPSSO trials over, we have eight students travelling up to Thomas Hassall to represent Oran Park Anglican and Thomas Hassall. Congratulations to the following students:

<table>
<thead>
<tr>
<th>Name</th>
<th>Grade</th>
<th>Sport</th>
</tr>
</thead>
<tbody>
<tr>
<td>BOOTSMA Dylan</td>
<td>3</td>
<td>IPSSO Cricket</td>
</tr>
<tr>
<td>FLEMING Ethan</td>
<td>4</td>
<td>IPSSO Cricket</td>
</tr>
<tr>
<td>TAX Toby</td>
<td>4</td>
<td>IPSSO Cricket</td>
</tr>
<tr>
<td>BEGGS Josiah</td>
<td>4</td>
<td>IPSSO Oz Tag</td>
</tr>
<tr>
<td>GIAKOUMELOS Alexander</td>
<td>4</td>
<td>IPSSO Oz Tag</td>
</tr>
<tr>
<td>RUSSO Gabriella</td>
<td>6</td>
<td>IPSSO Oz Tag</td>
</tr>
<tr>
<td>BOOTSMA Cerise</td>
<td>6</td>
<td>IPSSO Soccer</td>
</tr>
<tr>
<td>ALDEN Emily</td>
<td>4</td>
<td>IPSSO Soccer</td>
</tr>
</tbody>
</table>

The remainder of students now have the option of being involved in Joey League or College Sport.

IPSSO

Wednesday, 26 February  vs Georges River Grammar School
12.00 pm - 1.50 pm

Wednesday, 5 March     vs St Mary's
12.10 pm - 2.00 pm

Parents are welcome to support their child. Please collect venue information from the Office.
**Junior Swimming Carnival**

On Thursday, 13 February 2014 students from Years 3-6 participated in the Thomas Hassall Anglican College Junior School Swimming Carnival. It was wonderful to see so many of our College students swimming, ‘having a go’, and having fun! The level of involvement and enjoyment was second to none. Congratulations to the following swimmers who qualified for the NASSA Junior Swimming Carnival:

Mae Alden, Alicia Pavone, Lorielle Matuszczak, Angus Geoghegan and Gabriella Russo.

These swimmers will represent both Oran Park Anglican and Thomas Hassall Anglican in a combined swimming team at NASSA. We wish them every success.

The NASSA Junior Carnival will be held on Tuesday, 4 March 2013, commencing at 4 pm at Homebush Aquatic Centre.

A big THANK YOU to those parents who assisted on the day. Congratulations to all swimmers for their wonderful participation and obvious College spirit and support for fellow Oran Parkers and to carnival organiser, Mrs Evans, for a fantastic day.
After College Sports Program - 2014

Last week our Active After School Communities program started with students participating in soccer and netball activities. It was great to see students from Kindergarten to Year 6 passing the ball to each other, working in teams and helping each other learn new skills.

A special thank you to the Pavone family for providing the delicious fruit for afternoon tea – it was all gone!

Places are still available in the netball program on Thursday afternoons!
Live Life Well @ School

A huge thank you to all those parents who have already offered assistance with the development of the Vegetable Garden! We will let you know as soon as possible when and how you can be of assistance.

Crunch 'n' Sip is a program run through College to encourage your children to try new fruits or vegetables and also to help you ensure they receive one of the five daily intakes to keep them active and healthy. Below is a link to the Healthy Kids facebook page where you can find a recent blog about great ideas for Crunch’n’Sip snacks www.facebook.com/healthykids.au.

Is dried fruit OK for Crunch ‘n’ Sip?

Although fresh fruit is the best choice, a small amount of dried fruit (eg sultanas or apricots) is an acceptable Crunch ‘n’ Sip option.

Dried fruit tends to cling to the tooth, so is best eaten with a meal or when a toothbrush is handy.

NOTE Fruit straps, bars or rolls are NOT permitted as they contain large amounts of sugar.

Drinks at College

Please ensure that your child brings water in their drink bottle to school each day. Learning is thirsty work, and water is the best option for both quenching thirst and improving concentration. Water is also much easier to clean up when it is spilt and doesn't attract ants for weeks to come. Tap water makes the best drink!

Not only is it thirst quenching, but also contains fluoride which helps make teeth stronger. Here’s what water has to offer:

- it is cheap and readily available
- it doesn’t contain any kilojoules or sugar
- it encourages optimal function of the body

We should all aim to drink between five to eight cups of water a day. In the warmer months it is important to keep well hydrated. Always have water available when children are active. Encourage them to drink water regularly, even in cooler months.

Fruit juices

Many people think fruit juice is a healthy option. While fruit juice contains some vitamins, they lack fibre, antioxidants and other nutrients found in fruit. Fruit juices are high in sugar and energy, often containing similar quantities of sugar found in soft drink. Drinking large amounts can lead to tooth decay and excess energy consumption. Here are some things to consider if choosing juice:

Limit fruit juices to no more than half a glass per day.
Too much juice can lead to diarrhoea.
Consider diluting juice 50:50 with water to reduce the number of kilojoules whilst still enjoying the taste of juice.
It is easy to drink too much juice. One popper of juice is equal in energy to two pieces of fruit.
Consider eating a piece of fruit instead. Whole pieces of fruit and veggies have higher levels of many vitamins, minerals, antioxidants and fibre, some of which are protective factors against some cancers and heart disease.
Cheesy Pumpkin Pockets
Cheese and Vegetable Pasties

Serves 6

Ingredients
500g pumpkin, peeled, cut into 1.5 cm cubes
1 clove garlic, crushed
1/2 teaspoon sweet paprika
Olive oil spray
1 red capsicum, finely chopped
3 spring onions, finely chopped
200g Australian reduced-fat ricotta cheese, crumbled
2 tablespoons grated Australian parmesan cheese
15g Australian reduced-fat dairy spread
1 1/2 cups self-raising flour
1/2 cup Australian reduced-fat milk
Extra milk, for glazing
1 teaspoon poppy seeds

Method
Step 1  Combine pumpkin, garlic and paprika in a lined baking dish. Lightly spray with oil and bake at 200 degrees for 10-15 minutes or until just tender.
Step 2  Combine pumpkin with capsicum, spring onion, ricotta and parmesan.
Step 3  Rub dairy spread into flour until mixture resembles fine breadcrumbs. Add milk and stir to combine until mixture forms a dough. Knead lightly until smooth. Divide mixture into 6 pieces and roll each out to form a 15 cm round.
Step 4  Top each pastry round with pumpkin mixture and fold in half to form a semi-circle. Fold and pinch edges of pastry to seal and enclose filling. Brush with extra milk and sprinkle with poppy seeds. Bake at 220 degrees for 15-20 minutes or until gold brown. Serve warm.
2014 Dates For Your Diary

Chicks ‘r’ us arriving - Y1/2  Monday, 3 March
Y3/4 Excursion  Thursday, 6 March
P&F Meeting  Thursday, 6 March
Y7 Vaccinations  Monday, 10 March
Parent/Teacher Interviews  Wednesday, 19 March
Y6 Excursion  Friday, 21 March
Harmony Day  Friday, 21 March
P&F Bunnings BBQ  Saturday, 29 March
P&F Meeting  Thursday, 3 April
Camden Show  Fri, 4 - Sat 5 April
Easter Hat Parade  Wednesday, 9 April
Mufti Day  Friday, 11 April
Last Day of Term 1  Friday, 11 April
ANZAC Day March (Camden)  Friday, 25 April
First Day Term 2  Tuesday, 29 April

Full 2014 Term dates are available on the College website.

Prep - Year 6 Assembly

Parents are invited to attend the College weekly assembly held on Fridays at 2.30 pm.

Principal Awards will be handed out next week.

Parents are asked to sign in and out at the classroom.

Class leading
Week 5  Y7
Week 6  Y1

Student Banking
Banking day is Monday.

Students are to bring their completed bank book to their class teacher.

Public Holiday
Monday, please bring to College on Tuesday.

Scholastic Bookclub

Please return forms to the College Office.

If you have any queries, please contact the Office.
From the Parents’ & Friends’ Association

The P&F held their Annual General Meeting on Thursday, 13 February 2014.

An election was held to determine the 2014 Executive Committee:

- President: Matthew Saliba
- Vice President: Stuart Starr
- Secretary: Janine Manton
- Treasurer: Rachel Gowans

As President, it is a privilege to thank the previous executive for their efforts over the last two years as they have laid a solid foundation for the years ahead. Special mention must go to Leisa Palmer and Karen Clarke. I commend and thank them for their professionalism and dedication to the P&F over the last two years.

Our Goal - 2014

The long term goal of the P&F is to raise money to build a Covered Outdoor Learning Area (COLA) over the concreted area at the Junior School. This will be a permanent structure that will complement the look of the College and protect the children from the sun whilst also serving as shelter from the rain.

In the short term the P&F plan to provide the College with books for the library, catering for all students up to Year 8, thus preparing the College for 2015. In addition, we have plans to provide the College with an Honour Board and a new piano.

Upcoming Events

- Saturday, 29 March: Bunnings BBQ @ Bunnings Narellan (15 volunteers required to cover three shifts from 8.30 am - 5.00 pm)
- Saturday, 24 May: OPAC Fair / Open Day @ OPAC
- Friday, 25 July: Christmas in July Dinner @ Harrington Grove

There will be another Bunnings BBQ among other events planned throughout the year. If you are able to assist in any way or if you have any suggestions feel free to contact us through the P&F tab on the College website.

Meetings

A special meeting will be held to discuss and assign roles for the OPAC Fair / Open Day on Thursday, 27 February @ 7pm at the College. If you are able to attend please come along.

The P&F welcomes everyone to attend or help in any way they can, no matter how big or small. Any contribution that you can make will assist the P&F in reaching our goals sooner.

Your children are the beneficiaries of our work.

Warm regards,
Matthew Saliba
OPAC P&F President
ADVERTISE WITH US AND SUPPORT OUR COLLEGE

We are looking for companies large, small or family owned to advertise their business, products, services or a community event while at the same time support our College by purchasing advertising space in our school newsletters.

Many businesses advertise through their school community as a way of promoting their products, services or to announce a community event. Our newsletter is published fortnightly throughout the College year and is emailed to parents/carers and the extended OPAC family. It is also accessible to the wider community to download via the College’s website www.opac.nsw.edu.au

Email us at pandf@opac.nsw.edu.au if you have any questions or would like to get started today.

ADVERTISING RATES (as @ Dec 2013)

BUSINESS / PROMOTIONAL AD PUBLISHED IN THE COLLEGE NEWSLETTER

Choose one of following options or a combination of options to suit your advertising needs.

**SILVER (ONE OFF ADVERTISING) $40**
1 ad – ideal for a promotional event or to test your market

**GOLD (QUARTERLY ADVERTISING) $100 (5 issues)**

**PLATINUM (YEARLY ADVERTISING) $350* per year**

* All subject to change and re-evaluation at the beginning of each College year.

** The publication of advertisements in this newsletter does not imply endorsement by Oran Park Anglican College.

All correspondence should be directed to pandf@opac.nsw.edu.au
Community and Business Advertising

The publication of advertisements in this newsletter does not imply endorsement by Oran Park Anglican College.
THIS YEAR, THE HUNT IS BACK & WE HAVE GONE DIGITAL!

1ST - 29TH MARCH 2014

Join in the fun of our month-long hunt. Points are awarded for correct answers based on the evidence you show us by simply snapping a photo or uploading your answers from any smart phone, tablet or computer! All your answers will be directly uploaded into your Team’s case file!

PREPARE! You’ll need a google drive account. They are free and you can use any email (not just ‘gmail’) accounts to sign up: https://drive.google.com/

If you choose, you can also download the app for iPhones, Androids or tablets. There is no cost to enter and it’s suitable for ages - we encourage kids to join in on Teams with Mum or Dad!

ACT! To register, email mfrank@oranparktown.com.au

You’ll need to complete a registration form to gain entry to the clues and your Team folder!

WIN! Prizes are awarded on merit - so take your time. The winners will be notified via phone in April and posted on the OPT Community facebook page.

To register or for more information contact Detective Mel (aka Community Facilitator) - 0418 871 868 mfrank@oranparktown.com.au