From the Principal and Campus Coordinator

Strengthening Relationships

During the week, staff and parents were involved in our parent / teacher interviews. This is an important opportunity for parents to participate in. The need for relevant information and feedback for parents regarding the academic progress of their child is an important link in the College/parent partnership.

If you were unable to attend the evening please contact the College, or your child’s teacher, if you wish to discuss any issues that you may be concerned with.

Another important date in the College calendar is our information evening on Tuesday, 26 March commencing at 7 pm. The program promises to be an informative one for those interested in Prep through to our commencement of Year 7 in 2014. This is definitely not a night to be missed.

The annual Easter scenes are just around the corner. The Easter Hat Parade and Easter egg hunt were held on Monday, 25 March. It is very possible to imagine the creative juices, of parents and children alike, flowing as they worked furiously over the weekend to create a new “Easter Hat” masterpiece. We enjoyed seeing the fruits of their labour on Monday afternoon.

The Oran Park Anglican College Years 3-6 Cross Country will be held on Thursday, 28 March on the Thomas Hassall Anglican College grounds. As with all our carnivals this will be held in conjunction with the Thomas Hassall carnival. Students have been training hard during Physical Education lessons to produce their best efforts on the day. We look forward to the display of maximum effort and students giving their ‘best’.

As Easter approaches, it is important to reflect on that sacrifice made over 2000 years ago.

“Praise be to the God and Father of our Lord Jesus Christ! In His great mercy He has given us new birth into a living hope through the resurrection of Jesus Christ from the dead…” 1 Peter 1:3

Let us again wish each family our ongoing support. Please contact the College in regards to any issues which might arise in your child’s education at Oran Park.

Have a blessed Easter.

Mr Ross Whelan
College Principal

Mr Jonathan Beggs
Campus Coordinator

Prayer Points

Praise for
Safety and fun had at Camden Show.

- Enrolment enquiries at the College.

Prayer for
- The planning of new classrooms for 2014.

- Enrolments at the College.

- Upcoming Easter celebrations, may you reflect on the real meaning of Easter.
Prep - Year 7 2014 Parent Information Evening
Parents who are interested in sending their children to the College in 2014 are invited to attend the 2014 Information Evening. Students are not expected to attend.

Date       Tuesday, 26 March 2013
Time       7.00 pm- 8.30 pm
Venue      Oran Park Anglican College

Mufti Day
A gold coin donation is required by students which will be donated to Anglican Aid.

Date       Friday, 12 April 2013

Dress regulations
- College rules apply for jewellery.
- Sensible clothing must be worn, any student wearing inappropriate clothing will be asked to go home.
- NO midriff shirts, singlets or thongs (enclosed footwear is compulsory)

Parent Portal

Verifying Absences on the Parent Portal

Our Automated Attendance Recording System is now issuing text messages and emails each day to advise parents if their child has been absence for a period, part day or full day. We encourage you to verify these absences online through the Parent Portal.

To do this simply follow these steps;

1. Go to the College website www.thac.nsw.edu.au
2. Click on the PORTALtab on the left of the screen
3. Click on the EDUMATEtab
4. Using your username and password log into the Parent Portal
5. Click on ‘Student Profile’ for the student concerned.
6. SCROLL DOWN until you can see the heading ‘Recent Absences’.
7. Over on the right under the column ‘Verification’ click on the ‘click her to enter’
8. Provide reason for absence: Sick or Sick Medical Appointment or Other. If you select ‘Other’ please provide details of the absence.
9. Click on ‘Save & Exit’. The absence has now been verified.

If you have any Parent Portal questions or concerns or you require your password to be reset please email the College at admin@opac.nsw.edu.au. For security reasons reissuing of usernames/passwords can only be done via email request. We cannot do this over the phone. Please provide your full name, mobile phone number and the name and class of your children. Your new details will be emailed to you.
**Peripatetic Music Lessons**

Keyboard, Vocal and Guitar lessons have commenced. Please contact the tutor if you have any questions.

If you would like your child to participate, please return the form which was emailed to parents or contact the College Office for a copy.

**Peripatetic Music Tutor Profile**

<table>
<thead>
<tr>
<th>Name</th>
<th>Mr Andrew Summerell</th>
</tr>
</thead>
</table>
| Qualifications | Associate in Music, Australia  
Diploma of Theology |
| Instrument   | Guitar              |

I began learning classical guitar at the age of nine, moving on to contemporary guitar in my early teens, studying under various private teachers, culminating in two years studying jazz at the Sydney Conservatorium of Music.

I started playing professionally at the age of 17, and continued to do so throughout my 20’s playing over 3000 ‘gigs’ during that time in all forms of music, as well as recording for many bands and artists. I have composed over 100 songs that have been recorded and published for a variety of artists, as well as church worship and solo music. For 12 years, during my 30’s and early 40’s, I worked three days a week as Music and Worship Pastor at Southwestern Community Baptist Church while continuing to run my music tutoring business.

I started tutoring guitar in 1992. Over the past 20 years I have taught hundreds of students of all ages, in schools and privately in my 3 studios. During this time I have been fortunate to witness many students go on to become professional musicians, work in the music industry or become music school teachers. I have also been blessed to have three students invited to Encore. I began teaching guitar at Thomas Hassall Anglican College in Term 4, 2001 and have now commenced at Oran Park Anglican College in Term 1, 2013.

**Parent/Teacher Interviews**

Parent/Teacher Interviews were held on Wednesday afternoon. If you were unable to attend and would like to meet with your child’s teacher, please contact the teacher to arrange an alternate time.
Camden Show Excursion

Thank you to all our wonderful parent helpers who volunteered to take students around the show.
Harmony Day

WOW! What a great afternoon we had celebrating the diversity of our nation! Congratulations to all students who participated in our assembly and to all the teachers who helped put together the items.

A big thank you to our parents, grandparents, aunts, uncles and friends that came to share the afternoon with us.
In the Classroom with Mrs Finlay and Prep

Wow, what a great start we have had to the year in Prep.

We have been having lots of fun getting to know each other and learning the rules and routine. Children have enjoyed investigating all the activities on offer while developing our sharing and turn taking skills.

The children loved going to see the chickens in KE and most of them were keen for a cuddle.

This term we have been focussing on learning our colours and shapes and also the numbers 1 to 5. Children have enthusiastically joined in art and craft activities which you can see displayed around our room.

Prep students also had a great time at the Camden Show. There was a lot to see and do and we were all a bit tired at the end of the day. Thank you to all of our parent helpers who helped out on the day. We couldn’t have done it without you.
In the Classroom with Mrs Grant and 5/6G

This week in 5/6G we have been studying volcanoes – how they are formed and the damage that an eruption will do to humans and to the environment.

We learned that hot gases inside the earth build up over time. The gases push magma (melted rock) up toward the earth’s surface and eventually it bursts out as a volcanic eruption. We had fun building our own ‘volcanoes’ and making them erupt!

The not-so-much-fun part was cleaning up the mess we made, although it helped us appreciate that cleaning up after a real volcano would be quite a task.
What’s new in College?

Maths Olympiad

We have a number of students in our College who love to extend their thinking in different subject areas. Several students in 5/6G have entered this year’s Maths Olympiad where they will stretch their Mathematics skills and take on a set of challenge competitions over the next five months.

Maths On-line

Students from K-6 now have access to ‘Maths On-line’, a program which gives them fun learning activities that reinforce mathematics concepts and strategies. Ask your child for their login details and you can login at home. Your child’s class teacher will have a copy if they can’t remember.

Chess Competition

We are starting a chess competition soon which will be open to all students in the College who can play. Rumour has it that Mr Beggs will then challenge the winner!

Premier’s Reading Challenge

Premier’s Reading Challenge has begun! You can logon to the website at home and check out the reading list for this year’s Challenge. Students from K-6 will be involved in the challenge. We will register them this week with the College then will issue their password details so they can record their reading on-line if they wish to. A note will be issued next week with all the details of the Challenge.

Creative Arts

Dance groups, choir, guitar, piano and singing tuition are all well underway and students are enjoying these activities. We look forward to some presentations in the near future!
Live Life Well @ School

NSW Health run some great programs such as ‘Go 4 fun’ that I’d encourage families that are interested to become involved in. Check out the flyers attached to this fortnight’s edition of ‘The Life’ to see what you could do.

Great reasons to be active for children and parents

- boosts confidence
- improves fitness
- makes bones and muscles stronger
- improves posture
- helps maintain a healthy weight
- lowers the risk of heart disease
- reduces stress
- improves sleep
- reduces the risk of cancer
- improves self confidence
- teaches you new skills
- develops better motor skills
- makes a person happier with their body
- lower risk of disease including heart disease and cancer later in life.

Pumpkin Loaf

Ingredients
650g butternut pumpkin, peeled, deseeded
100g butter, softened
1 1/2 cups brown sugar
2 eggs
2 cups self-raising flour
1/2 teaspoon bicarbonate of soda
1 teaspoon ground cinnamon
1/2 teaspoon ground nutmeg
1/2 teaspoon ground ginger
1/4 teaspoon ground cloves

Method
Step 1 Preheat oven to 180°C. Grease base and sides of a 6cm deep, 10.5cm x 20.5cm (base) loaf pan. Line with baking paper, allowing a 2cm overhang at both long ends.

Step 2 Wash and cut pumpkin into 4cm pieces. With water clinging, place pumpkin in a single layer on a microwave-safe plate. Cover with plastic wrap. Microwave on HIGH (100%) for 3 to 4 minutes or until pumpkin is tender. Set aside to cool. Drain and place cooled pumpkin in a food processor. Process until smooth (you should have 1 cup).

Step 3 Using an electric mixer, cream butter and sugar until pale and fluffy. Add eggs and beat until well combined. Stir in pumpkin.

Step 4 Sift flour, bicarbonate of soda, cinnamon, nutmeg, ginger and cloves over pumpkin mixture. Stir gently to combine. Spoon into prepared pan. Smooth surface. Bake for 50 to 55 minutes or until a skewer inserted into the center comes out clean. Stand in pan for 10 minutes. Lift onto a wire rack. Serve warm or cold.
Sport: Prep
Prep continue to enjoy developing their coordination and gross motor skills. Their running is improving all the time, not to mention their over arm throwing. Prep students love their weekly sports lesson.

Sport: Kindergarten - Year 2
As it is cross country season, K-2 have been developing their fitness through long distance running. You may have seen them doing laps of the College grounds, running along the fence line. K-2 also participate in games that continue to develop their fitness levels.

Sport: Years 3 - 6
Years 3-6 students continue to travel over to Thomas Hassall Anglican College on Wednesdays for our weekly sport. IPSSO participants continue to develop their skills and teamwork in their selective sport. Other students continue to develop their skills in their chosen sports or through College sport. IPSSO Winter teams were also selected over the past two weeks which saw Oran Park students departing early, trialling hard and involving themselves in friendship and anti-bullying activities.

Years 3-6 students have also been training for the Cross Country next week. The effort that has gone into this training has been pleasing to see.

IPSSO Sport

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, 27 March</td>
<td>vs All Saint Grammar</td>
</tr>
<tr>
<td>Wednesday, 3 April</td>
<td>vs William Carey Christian School</td>
</tr>
<tr>
<td>All Saints Grammar</td>
<td>13-17 Cecilia Street, Belmore</td>
</tr>
<tr>
<td>Parry Park</td>
<td>Punchbowl Road, Lakemba</td>
</tr>
<tr>
<td>Wednesday, 10 April</td>
<td>Training at Thomas Hassall</td>
</tr>
<tr>
<td>William Carey Christian School</td>
<td>Bumberera Street, Preston</td>
</tr>
<tr>
<td>Edwin Wheeler Oval</td>
<td>147-153 Cartwright Avenue, Sadlier</td>
</tr>
</tbody>
</table>

3-6 Cross Country Carnival
The Cross Country Carnival is an important part of our College year, and helps students to learn to strive outside the classroom. It is regarded as a COMPULSORY College day. We expect that each student will compete in the Cross Country race for their age group and encourage other members of our College. Participation assists students in maintaining their fitness, and helps to promote the community spirit of our College.

Date          Thursday, 28 March 2013 – Week 9
Venue         Thomas Hassall Anglican College

Students should arrive at College for normal morning Assembly. A bus will depart the College at 9.15 am and return at 12.45 pm.

Students in the 11 and 12 year age groups will run 3km and races commence at approximately 10.00 am.

Students in the 8, 9 and 10 year old age groups will run 2km and races commence at 11.15 am.

Good luck to all students!
**CIS Swimming Carnival**

On Wednesday, 20 March 2013 our first ever NASSA representative, Sophie Aerts, swam at the CIS Swimming Carnival.

Sophie came 7th in her heat and 16th out of 25 swimmers overall. A fantastic effort.

Congratulations Sophie!

**Police Oz Tag Knock Out**

Congratulations to Luke Barlow and Baeley Recchia who represented the College last week at the Police Oz Tag Knock Out in Wollongong.

**AusKick**

K-6 had a great opportunity to become involved in some AusKick clinics on Thursday, 21 March 2013. It was great to see the students using some skills they learnt in the playground at lunchtime too. If you are interested in playing AusKick outside of College, contact your local club for more information. Not only is it a great game to play, it’s a great way to make new friends!

**Share your knowledge!**

If you have any ideas or connections to community groups who could support us instill active healthy lifestyles in your children please don’t hesitate to share! We would love to find out how you or someone you know may be able to help us help your children.

Any ideas or suggestions, BIG or small, would be great!

Please email Miss Edwards at kedwards@opac.nsw.edu.au
2013 Dates For Your Diary

Term 1

Easter Hat Parade and Easter Egg Hunt  Monday, 25 March

Good Friday (Public Holiday)  Friday, 29 March

Easter Monday (Public Holiday)  Monday, 1 April

OPAC Family Service  DATE CHANGE TBC

Mufti Day  Friday, 12 April

Last Day of Term 1  Friday, 12 April

ANZAC Day March (Camden)  Thursday, 25 April

ANZAC Day March

The College would like to invite students to represent the College at the Camden ANZAC Day March. Last year we had 10 students walk, we would love to double that this year.

Date  Thursday, 25 April 2012

Meeting Time  9.45 am

Meeting Place  Outside Beaurepaires, Elizabeth Street, Camden

Teacher  Mr Beggs

Dress  Full College Summer Uniform including hat

March Assemble  10.00 am
March Commences  10.30 am
ANZAC Day Service  10.45 am

Camden Bicentennial Equestrian Park (opposite Camden RSL)

Please register your attendance at the College Office.

Student Banking

Banking day is Monday.

Students are to bring their completed bank book to their class teacher.

Scholastic Bookclub

Issue 2 orders have been handed out, please contact the College Office if you have any queries.

If you have any queries, please contact the Office.

Please refer to our College website: www.opac.nsw.edu.au and the College Newsletter ‘The Life’ for main events, information and dates published during the year.
Parents’ & Friends’ Association

Meetings will be held on the first Thursday of the month.

Next Meeting:
Thursday, 4 April
7.00 pm
Everyone welcome.

P&F Email Contact
If you wish to contact the P&F, volunteer for an event, provide feedback or make suggestions, our email is pandf@opac.nsw.edu.au

Gifts for sale
Do you need to buy a gift for for a Special Event?

Please note that there are a number of beautiful gifts from the Mother’s and Father’s Day Stalls as well as children’s gifts that can be purchased for birthdays etc. Please see Mrs Lynch if you are interested in seeing and purchasing the wide range of available gifts. Items are priced between $1 to $20.

From the Parents’ & Friends’ Association

Camden Show
Many thanks to those parents who assisted with the OPAC display at this year’s Camden Show. It was a great opportunity for current parents to meet visitors at the display and talk about our wonderful College. Let’s hope that the numerous enquiries lead to new students joining our College.

Slice Drive – We made a profit !!
Thank you to everyone who placed an order for our Slice Drive. In our second year of running the Slice Drive, the College managed to raise another great profit - bettering our profit from last year! Overall, our sales were $4,452 with a profit of $943.20. Great effort to everyone! A special mention goes to Matthew and Jaslyn Clarke who sold the most slices. Both Matthew and Jaslyn will receive a Certificate of Appreciation and Village movie tickets for their selling skills.

Narellan Bunnings Sausage Sizzle – 20 April 2013 – change of date
We are looking for volunteers to work on a roster basis to either cook or serve. We require 2 servers for 9.00 am - 11.30 am, 2 Cooks & 2 servers for 11.30 am - 2.00 pm and 2 Cooks & 3 servers for 2.00 pm - 4.00 pm. If you can assist, please leave your name, contact details and preferred shift with Mrs Lynch or email us at pandf@opac.nsw.edu.au with your details.

Mothers Day Stall - 8 May 2013
There will be over 400 gifts that students can purchase for their special mum, carer, grandma, nan and/or auntie.
See attached flyer for more information.

Mother’s Day Breakfast – Friday, 10 May 2013 from 7.30 am
Looking for Dads to assist with the Mother’s Day Breakfast. If you can spare a couple of hours, please contact Mrs Lynch or Mr Beggs with your details.

Foundation Year Commemorative Tea Towels
There are still a few OPAC tea towels for sale. See Mrs Lynch if you are interested in purchasing one. This is a great gift and memento. Prices are $15 each, 2 for $25 or 3 for $37.50.

Upcoming Events
Father’s Day Stall
28 August 2013

Father’s Day Breakfast
30 August 2013

Narellan Bunnings Sausage Sizzle
14 September 2013

Do you have an idea or suggestion for a fundraiser?
Email us your idea pandf@opac.nsw.edu.au
Beyond the Buns and Bunnies

Easter is chocolate eggs and hot cross buns, right? Can Easter really be all about the food? Is there a greater story than grocery store profits and full bellies?

Yes.

The lines on a hot cross bun remind us of the cross on a hill outside of Jerusalem some two thousand years ago where a Jewish teacher was executed by the occupying Roman army. He died a horrible death - just like thousands of others had before him at the hands of the brutal soldiers. He died because the leaders of the day were jealous of his popularity and scared of what the crowds he was drawing would mean for their position in society. His name was Jesus of Nazareth.

The empty middle of an Easter egg reminds us of a cave-like tomb in a garden outside of Jerusalem some two thousand years ago where that Jewish teacher was laid by his brave followers after his death. He was placed in a tomb like millions of others before and after him. He was put in there because he was stone cold dead.

The cross on a hot cross bun is empty because Jesus didn’t remain nailed to the wood. The inside of an Easter egg is empty because Jesus didn’t remain in the tomb.

The big story of Easter is that Jesus died on the cross for our sins. There he took our place. He was taken down from the cross and laid in a tomb. Yet, unlike every other human in all of history Jesus did not stay dead. Jesus rose again on the third day to show that death’s price had been paid in full. Our hope is full because the cross and the tomb of Jesus are empty.

This Easter I’d love you to eat up your buns and eggs remembering that the offer of new life with God is spelled out on the plate before you. A cross and a tomb where being made right with God was made possible.

If you don’t have somewhere you’re already planning to go to church at Easter you’d be very welcome to join us for one of our Easter Services at NewLife Anglican Church.

Good Friday       29 March      10.00 am
Easter Sunday     31 March      6.30 am
Free BBQ breakfast 31 March    7.00 am followed by an Easter egg hunt for the kids.

We’ll be on the hill just up from the College, opposite the park (Cnr Central Avenue and Marcus Loane Way). We’d love to see you there.
Go4Fun is a healthy lifestyle program for children aged 7-13 years who are above their healthy weight. The program is run after-school during the school term and is FREE for eligible families. Go4Fun is open for new enrolments at www.sswahs.nsw.gov.au/populationhealth/Go4Fun.html

Go4Fun originated in the UK as an evidence-based multi-disciplinary program called MEND. This program was designed by a specialist clinical team focused on participation as opposed to competition, and has operated in New South Wales as Go4Fun for over three years.

MEND stands for...
Mind – Understanding and changing unhealthy attitudes and behaviours around food (e.g. personal goals and reward setting, internal and external food triggers, and effective problem solving).

Exercise – Adequate, safe and fun physical activity for one hour per session (sessions based on outdoor and pool activities to help build physical activity and sporting skill, working on fundamental movement skills as well as teamwork).

Nutrition – Enjoyable and practical activities teaching healthy eating and food choices including: healthy eating information (e.g. fats, sugars, unrefined vs refined foods); food label reading and a supermarket tour.

Do it – Get involved!

What is ‘above a healthy weight’?
Approximately 25 per cent of children in NSW are overweight or obese. Children who could be above a healthy weight for height and age include those that:

- Wear clothes sizes for an older age group
- Spend over two hours watching television (or using a computer) per day
- Are physically active for less than one hour per day
- Eat unbalanced meals, large portion sizes or more than one unhealthy snack per day.

Why should children attend Go4Fun?

Being overweight can contribute to health problems like asthma, diabetes and heart problems, as well as affect a child’s self-esteem, willingness to participate in activities and can even affect friendships with peers.

Poor body image may also prevent a child from reaching their full potential. A poor diet can affect concentration and therefore learning and school ability. Poor body image and self-esteem may also affect school attendance and behaviour.
GO4FUN DAYS AND LOCATIONS
TERM 2 2013
South Western Sydney Local Health District

Bankstown – Bankstown PCYC
Cnr Meredith St & French Ave Bankstown 2200
Mondays and Wednesdays 4.30pm – 6.30pm

Camden – Mount Annan Leisure Centre
368 Welling Drive Mount Annan 2567
Mondays and Wednesdays 4.30pm – 6.30pm

Campbelltown – Aquafit Fitness and Leisure
Old Menangle Road Campbelltown 2560
Mondays and Thursdays 4pm – 6pm

Fairfield – Fairfield Leisure Centre
44 Vine Street Fairfield 2165
Tuesdays and Thursdays 4.30pm – 6.30pm

Villawood – Wran Leisure Centre
Gundaroo St Villawood 2163
Tuesdays and Thursdays 4.30pm – 6.30pm

Liverpool – Liverpool West Public School
79-81 Hoxton Park Road Liverpool 2170
Mondays and Thursdays 4.30pm – 6.30pm

Minto – Minto Indoor Sports Centre
9 Redfern Road Minto 2566
Tuesdays and Thursdays 4.30pm – 6.30pm

Wollondilly – Tahmoor Public School
Bronze Wing St, Tahmoor 2573
Tuesdays and Thursdays 4pm – 6pm

Go4Fun is a FREE program funded by NSW Health for children aged between 7-13 years old who are above a healthy weight.

Parents and children are invited to attend and register for the Go4Fun program at the locations listed.

For more information or to register for the program:
Leah Choi - Program Manager
leah.choi@sswahs.nsw.gov.au | 02 9780 2811 | 0457 507 606
FreeCall 1800 780 900 OR SMS 0409745645 for a call back.
GO4FUN DATES AND LOCATIONS
TERM 2 2013

Sydney LHD

Canterbury – Riverwood Community Centre
151 Belmore Road North Riverwood 2210
Days and Times to be Announced

Canada Bay – Five Dock Leisure Centre
William Street Five Dock 2046
Mondays & Thursdays 4.30pm – 6.30pm

Marrickville – Marrickville PCYC
531 Illawarra Road Marrickville NSW 2204
Days and Times to be Announced

Strathfield – Strathfield Community Centre
1 Bates Street Homebush NSW 2140
Monday and Wednesdays 4.30pm – 6.30pm

South Western Sydney LHD

Bankstown – Bankstown PCYC
Cnr Meredith St & French Ave Bankstown 2200
Mondays and Wednesdays 4.30pm – 6.30pm

Camden – Mount Annan Leisure Centre
368 Welling Drive Mount Annan 2567
Mondays and Wednesdays 4.30pm – 6.30pm

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Minto – Minto Indoor Sports Centre
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Tuesdays and Thursdays 4.30pm – 6.30pm

Wollondilly – Tahmoor Public School
Bronze Wing St, Tahmoor 2573
Tuesdays and Thursdays 4pm – 6pm

For more information or to register for the program:
FreeCall 1800 780 900 OR SMS 0409745645 for a call back.


Leah Choi - Program Manager
leah.choi@sswahs.nsw.gov.au
02 9780 2811 | 0457 507 606
Now Enrolling
Prep to Year 7

Enrolment Information Evening
Tuesday 26th March 7pm
opac.nsw.edu.au
Join us for a
Mother’s Day Breakfast

Oran Park Anglican College would like to celebrate the value of mother/carer by inviting you to share in a special Mother’s Day Breakfast.

Friday, 10 May 2013

7.30 am – 8.50 am

Outside the College Canteen

RSVP to the College Office by
Wednesday, 8 May 2013
4604 0000
clynch@opac.nsw.edu.au
MOTHER’S DAY STALL

Wednesday, 8 May 2013
(10 am to 11 am @ OPAC)

Gifts from $1 to $10.

Please bring a bag to carry and hide the gift at home and remember:....

Shh!....MUM’S THE WORD!
<table>
<thead>
<tr>
<th>ITEM</th>
<th>SELLING PRICE</th>
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</thead>
<tbody>
<tr>
<td>Alarm Clock</td>
<td>$10.00</td>
</tr>
<tr>
<td>Bath Crystals</td>
<td>$4.00</td>
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<tr>
<td>Bath Fizzer (Set of 3)</td>
<td>$4.00</td>
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<tr>
<td>Bird Magnetic Board</td>
<td>$8.00</td>
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<tr>
<td>Bling Pen</td>
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<tr>
<td>Coin Purse</td>
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<tr>
<td>Fashion Scarf</td>
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<td>Frangipani Candle</td>
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<td>Gift Card</td>
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<tr>
<td>Heart Magnetic Frame</td>
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<td>Jelly Beans</td>
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<td>Love Candle</td>
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<td>Menu Planner Magnetic</td>
<td>$6.00</td>
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<td>Message Board</td>
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<tr>
<td>Note Book Set</td>
<td>$5.00</td>
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<tr>
<td>Rimmel Packs</td>
<td>$10.00</td>
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<tr>
<td>Soap Roses</td>
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<tr>
<td>Super Mum Keyring</td>
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<tr>
<td>Tassel Bookmark</td>
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<tr>
<td>Votive Candle Set (Set of 2)</td>
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### Mother’s Day Stall 2013 Price List

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</tr>
<tr>
<td>Car Air Freshener</td>
<td>$ 2.00</td>
</tr>
<tr>
<td>Gift Bag</td>
<td>$ 2.00</td>
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<tr>
<td>Tassel Bookmark</td>
<td>$ 2.00</td>
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<tr>
<td>Ladies Torch Keyring</td>
<td>$ 3.00</td>
</tr>
<tr>
<td>Super Mum Rubber Pen</td>
<td>$ 3.00</td>
</tr>
<tr>
<td>Grandmother Magnetic Photo Frame</td>
<td>$ 4.00</td>
</tr>
<tr>
<td>Hand Cream</td>
<td>$ 4.00</td>
</tr>
<tr>
<td>Spiral Memo Pad</td>
<td>$ 4.00</td>
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<tr>
<td>Shopping List</td>
<td>$ 4.00</td>
</tr>
<tr>
<td>Sweet Cake Towel</td>
<td>$ 6.00</td>
</tr>
<tr>
<td>Glamorous Key Ring</td>
<td>$ 6.00</td>
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<tr>
<td>Bling Metal Pen</td>
<td>$ 7.00</td>
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<tr>
<td>Bear Glitter Globe</td>
<td>$ 8.00</td>
</tr>
<tr>
<td>Pot Holder &amp; Oven Mitt Set</td>
<td>$ 8.00</td>
</tr>
<tr>
<td>Oil Burner Set</td>
<td>$ 9.00</td>
</tr>
<tr>
<td>Deluxe Body Gift Pack</td>
<td>$ 9.00</td>
</tr>
<tr>
<td>Love Vase</td>
<td>$ 10.00</td>
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<tr>
<td>Glittery Frames</td>
<td>$ 10.00</td>
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<tr>
<td>Wooden Photo Frame</td>
<td>$ 10.00</td>
</tr>
<tr>
<td>Grandmother Mug &amp; Coaster Set</td>
<td>$ 10.00</td>
</tr>
<tr>
<td>Mum Mug &amp; Coaster Set</td>
<td>$ 10.00</td>
</tr>
<tr>
<td>Mum On The Go Travel Mug</td>
<td>$ 10.00</td>
</tr>
<tr>
<td>Stainless Water Bottle</td>
<td>$ 10.00</td>
</tr>
<tr>
<td>Pretty Lady Jewellery Stand</td>
<td>$ 10.00</td>
</tr>
<tr>
<td>Recipe Book Stand</td>
<td>$ 10.00</td>
</tr>
<tr>
<td>Jewellery Sets</td>
<td>$ 10.00</td>
</tr>
</tbody>
</table>
ADVERTISE WITH US AND SUPPORT OUR COLLEGE

We are looking for companies large, small or family owned to advertise their business, products, services or a community event while at the same time support our College by purchasing advertising space in our school newsletters.

Many businesses advertise through their school community as a way of promoting their products, services or to announce a community event. Our newsletter is published fortnightly throughout the school year and is emailed to parents/carers and the extended OPAC family. It is also accessible to the wider community to download via the school's website www.opac.nsw.edu.au.

Email us at pandf@opac.nsw.edu.au if you have any questions or would like to get started today.

2013 ADVERTISING RATES

BUSINESS / PROMOTIONAL AD PUBLISHED IN THE NEWSLETTER

Choose one of following options or a combination of options to suit your advertising needs.

SILVER (ONE OFF ADVERTISING) $40*
1 ad – ideal for a promotional event or to test your market

GOLD (QUARTERLY ADVERTISING) $100* per term (5 issues)
Fortnightly throughout the College term

PLATINUM (YEARLY ADVERTISING) $350* per year (20 issues)
Fortnightly throughout the College year

* All subject to change and re-evaluation at the beginning of each College year.

** The publication of advertisements in this newsletter does not imply endorsement by Oran Park Anglican College.

All correspondence should be directed to pandf@opac.nsw.edu.au
Community and Business Advertising

FIT FOR THE SCHOOL PLAYGROUND

With a shoe expertly fitted by one of The Athlete’s Foot Fit Technicians, your child will have the right support for all of the school activities and sports they take part in every day. The Athlete’s Foot stock a range of Ascent and Clarks school shoes to ensure there are options for everyone.

The Athlete’s Foot
Shop U004, Level 3 Macarthur Square, Campbelltown, NSW 2560
Phone (02) 4627 8503
www.theathletesfoot.com.au

Bass Hill Electrical Pty Ltd
PO Box 131, Silverdale NSW 2752
Ph: 4653 2501
Email: info@bhelectrical.com.au
Web: www.bhelectrical.com.au
ABN: 12 064 608 233
Gold License No: 75248C
DOMESTIC -- COMMERCIAL -- INDUSTRIAL -- 24HRS EMERGENCY --

The publication of advertisements in this newsletter does not imply endorsement by Oran Park Anglican College.
Community and Business Advertising

Renovating? Think Smith & Sons.

Smith & Sons are quality builders who specialise in home renovations. With Smith & Sons - renovating will be an enjoyable experience, you will get a great value renovation and you will be proud of the finished project.

ph: 0416 235 728
e: macarthur@smith-sons.com.au

www.smith-sons.com.au

The publication of advertisements in this newsletter does not imply endorsement by Oran Park Anglican College.
Saturday May 11th 2013
Sydney Convention Centre Darling Harbour

Women Meeting Jesus
5 talks from the gospel of Luke

EQUIP 13

Join thousands of women from hundreds of churches at EQUIP13

Christian Women's Conference
9:00am - 3:30pm OR
2:30pm - 8:00pm

Live Video Stream if you can't join us in Sydney!

Speakers
Carmelina Read
Lisa Thompson
Kelly Landrigan
Annabel Nixey
Anna Moss

REGISTER for CONFERENCE or LIVE VIDEO STREAM
www.equip.org.au

Registration opens FEBRUARY 1st, 2013
Opening Week Registration Special
Student & Group Discounts
Additional program and conference details at www.equip.org.au

ph 02 8006 4636 enquiries@equip.org.au

Facebook EQUIP women
Twitter EQUIPwomen
YouTube.com/user/equipwomen
AGAPE
AMAZING GRACE ACADEMY
OF PERFORMING EXCELLENCE

Two Pilot Classes

Early Childhood Music Program

with Aleksandra Collado
Early Childhood Music Specialist
do-re-mi accredited

Reserve a place NOW so you don’t miss out!

“Special” discount price of $20
for two lessons (Limited places)

visit: www.do-re-mi.com.au to learn about the program

TWO VENUES:
Camden Uniting Church
Cnr of John and Mitchell St

Oran Park Town Community Room
Cnr Oran Park & Peter Brock Drvs

Friday 5th & Friday 12th April

• 1 – 2 yrs  9.30am  Oran Park Town
• 3 – 4 yrs  10.30am  Oran Park Town
• 1 – 2 yrs  12.30pm  Camden Uniting Church
• 3 – 4 yrs  1.30pm  Camden Uniting Church

Phone: 4655 9303 or 0412 400 394
Email: info@agapemusic.org.au
Teacher Profile

Aleksandra Collado is an accredited do-re-mi teacher with The Australian Kodaly Certificate in Music Education, and a Vocal Diploma from Music College, Warsaw, Poland.

Aleksandra is a specialist in early childhood music education with 17 years of extensive experience in designing and implementing music programs for Babies-12 years.

Places of work include:
- Sydney Conservatorium Open Academy
- The Institute of Early Childhood at Macquarie University
- The Conservatorium at Joan Sutherland Performing Arts Centre in Penrith.

In addition Aleksandra was a lecturer for the nationally accredited music teacher certificate courses held in Sydney by the Kodaly Music Education Institute of Australia and has run professional development workshops for early childhood teachers.

**Term 2:** Classes will be held on Fridays at both venues Times as per the pilot classes
Cost $135 for the term (9 weeks)
Celebrate Neighbour Day with your family and friends. Bring your picnic blanket, fly a kite and get to know your neighbours!

10.00am – 11.00am Bushcare Walk
Join us for a walk along the OPT walking paths and learn more about our natural environment and how you can help to look after it. The walk commences from Chesalon’s Carpark (1 Grice Street) and concludes at the Temporary Park. Morning tea provided and a free plant to participants (one per household).

11.00am – 2.00pm Family Fun & Picnic Lunch
Environmental information stalls, kite flying workshops and displays, live local entertainment, free BBQ lunch (BYO or purchase drinks) and children’s activities.

Location Address:
Temporary Park (opposite the Sales Office)
Cnr Oran Park & Peter Brock Drives
Oran Park Town

Questions? How to Register!
Contact Josephine Roccisano, OPT Community Facilitator
Mobile: 0400 743 779
Email jroccisano@oranparktown.com.au

You can also RSVP through Facebook - www.facebook.com/OPTCommunity

oranparktown.com.au  9043 7500
Hop along down and celebrate Easter @ Oran Park Town!

Dear residents, family and friends,

I will be leaving a few surprises for Oran Park Town on

Thursday 28th March 2013

Meet us at the Community Room (next to the Sales office)

Between 5pm and 6pm

Wishing everyone a very Happy Easter!

From: Mr E. Bunny

ps: All children must have adult supervision. All ages welcome.

Planning on attending? Let us know and tell your neighbours!
Phone / sms: 0413 871 863 OR web: facebook.com/optcommunity
email: mfrank@oranparktown.com.au
**HOW WELL DO YOU KNOW ORAN PARK TOWN?**

**SUNDAY 28TH APRIL from 12NOON**
**MEETING POINT: THE SALES OFFICE**
**CNR ORAN PARK & PETER BROCK DRIVES, OPT**

Pre-registration will also be available from Monday 1st April. Registration forms can be obtained from the Sales Office or downloaded from the website. On the day of the event, registration finishes at 2pm sharp - don’t be late!

**YOU WILL BE HANDED A TOP SECRET PACK CONTAINING ALL THE INFORMATION YOUR TEAM NEEDS TO GET STARTED!**

**What to bring...**Participants must hunt for answers in teams (min. 2 people) on foot or on bikes around beautiful Oran Park Town. All ages are welcome however children must be supervised by a parent or guardian at all times.

**When you’ve cracked the case...**Return to the Sales Office with your secret pack by the time the clock strikes 4pm to be eligible for prizes.

Prizes are awarded on merit - so don’t rush to be the first finished. Once entries are validated, winning teams will be contacted via phone on 1/5/13.

*For more information - contact Detective Mel - mfrank@oranparktown.com.au*

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oranparktown.com.au  9043 7500
Help Oran Park Town celebrate Mother’s Day by entering our colouring competition! The Mums of winning entries will be presented with a Healthy Hamper at the Oran Park Town Art and Craft Market on 5th May 2013.

Entry Information:

Step 1 Collect an entry form: You must enter using an original entry form (no photocopies). They are available from the Oran Park Town Sales Office (7 days), Oran Park Town Cafe, Oran Park Anglican College and St Justins Primary School.

Step 2 How to enter: Colour in the front picture and make sure to complete the info on the back page. Only one entry is allowed per person. There are 3 age categories: 2-5 years | 6-8 years | 9-12 years

Step 3 When you have finished: Return the completed entry form to the Oran Park Town Sales Office by 4.30pm on Friday 26th April 2013

All entries will be displayed in the Oran Park Town Sales Office until 1st May 2013. The winning entries will remain on display throughout May and digital copies will also be available to view on Facebook.

If you have any questions, please contact Mel Frank - Community Facilitator via email mfrank@oranparktown.com.au
Camden Foot Clinic
26 Broughton St Camden
(just up the road from Coles)

Free Child Foot Screening

On Saturday the 6th of April Camden Foot Clinic will be conducting a children’s foot screening day.

This is a free clinic designed for any parent to bring their child in for assessment. If you have concerns about a family history of foot problems, in toeing, out toeing, toe walking, ankle instability, growing pains in legs/feet, knee pains, poor coordination, any foot pain or simply feel you would like your children’s feet checked. This is a screening day so treatment won’t be provided on the day but parents will be advised if their child needs follow up treatment.

This clinic is strictly by appointment. Please mention you are making an appointment for the free clinic.

46555600

The Podiatry Practice with a difference.
We are committed to the prevention of foot problems

Caring for Your Family’s Feet
THE "2013 WRITE ON CLUB"
MAKING HANDWRITING FUN GROUP!

What?? A handwriting assessment and group program for infants and primary school children during the April school holidays.

Program will involve:
1. Screening and assessment of handwriting legibility and speed.
2. 3 group sessions (1 hour each session) of 4 participants involving fun sensory motor activities teaching children about correct handwriting techniques.
3. Follow-up sessions focusing on letter formation and handwriting legibility (as required)

Who for?? Groups will be run separately for Kindergarten; Years 1-2; Years 3-4 and 5-6 children who have difficulties in:
- neatness
- speed
- pencil grip
- writing posture
- fluency

When??
Time: Morning sessions. (Time advised at screening).
April school holidays 2013. Tuesday, Wednesday, Thursday of the first week (16th, 17th and 18th April).

Cost?? (claimable on most health funds or through Medicare under Allied Health Care Plan through GP)
$110 Screening assessment
$65 per 1 hour session
Total Cost $305

A group program can be run for children with ASD which includes social skills and FaHCSIA

Where?? Macarthur Paediatric Occupational Therapy.
138 Thunderbolt Drive, Raby
Bookings?? Phone Pauline Nicholls, Narelle Hypatidis or Amelia Grady on 9824 8945
NRL April Holiday Clinic

Don’t miss out on this FUN filled day!

Learn skills
Make friends
Fun Games
Lunch provided

When: Monday 22nd April
Where: Kirkham Park, Camden
Time: 10am—2pm
Cost: $30

What’s Included: Clinic, Lunch, Football, Kicking Tee, Bootbag
Register: www.sydneywestdevelopment.leaguenet.com.au

For further Information Please Contact Scott Borg (NRL): Sborg@nrl.com.au or 0409 814 873