What a busy start to the year it has been. New students and staff have settled in well, embracing the culture of the College. There is great learning taking place in class, which is evident through the many different articles of work that can be found decorating each classroom. It is obvious that students continue to thrive in the caring, nurturing environments that our classrooms provide.

Our swimming carnival has been held in conjunction with Thomas Hassall Anglican College and it was a delight to see so many of our students ‘have a go’ and compete. It was wonderful to see the number of students participating. Congratulations to our ten students who qualified to represent the College at the NASSA Junior Swimming Carnival in March (please refer to the Swimming Carnival article on subsequent pages). Let us encourage our talented and keen students to take their skill to the highest levels where possible. A special thank you to Mrs Evans who organised the swimming carnival and again welcomed us in.

The College P & F have also held their AGM where goals and strategies were put in place for this year. The commitment shown by our parent body at the College continues to impress. Many thanks to these parents and to those who have been nominated to positions. Rev Stuart Starr as President; Rev Jono Squire as Vice President; Mrs Leisa Palmer as Secretary; and Mrs Karen Clarke as Treasurer.

The College held its annual ‘Meet the Teacher’ night this week which gave parents the opportunity to learn more about what is taking place in the classroom. Thank you to those parents who came. We trust that it was an informative evening for you.

The Australian Curriculum will begin to be taught in NSW Schools from 2014, and staff will spend time this year planning for its implementation. In addition, Thomas Hassall and subsequently, Oran Park, is due for two important external reviews of our operations and curriculum programs – one in Term 3 this year by our own Anglican Schools Corporation, and a NSW Board of Studies inspection for Registration and Accreditation in 2014. We will keep in touch with families as the time draws near.

“Therefore encourage one another and build each other up, just as in fact you are doing.” 1 Thessalonians 5:11

Mr Ross Whelan  Mr Jonathan Beggs
College Principal  Campus Coordinator
**Parent Helpers**
Thank you to parents who have expressed interest in helping in various areas of the College.

All parent helpers must sign a confidentiality agreement as well as the child protection paperwork before entering the classroom or assisting in any College activities.

2012 parent helpers must complete the paperwork again in 2013.

All required paperwork is available at the College Office.

You are also required to have photo identification sighted by the College Office when returning your forms.

*When you start helping in the classroom, you MUST sign in at the College Office in the Parent Helper sign in book. You also must wear a parent helper badge whilst on the premises.*

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## Prep - Year 7 2014 Parent Information Evening
Parents who are interested in sending their children to the College in 2014 are invited to attend the 2014 Information Evening. Students are not expected to attend.

- **Date:** Tuesday, 26 March 2013
- **Time:** 7.00 pm- 8.30 pm
- **Where:** Oran Park Anglican College

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## Parent Portal
What you can see and do via the *Parent Portal* includes:
* Edit and update personal details including changes of address, phone number, email and medical information
* See and acknowledge your child’s absences from College
* Verify absences instead of sending a written note (only for common types of absences)
* Merits and detentions should they occur

We encourage you to log in to Edumate to get a sense of the portal.

We would like to encourage all parents to, on their first log in to the *Parent Portal*, update any personal details – **in particular EMAIL ADDRESSES** as a current and correct email address is critical in ensuring that our regular communications are received by you. Some parts of the *Parent Portal* will not function without a current and correct email address.

If you experience any difficulty logging into or using the *Parent Portal* please don’t hesitate to contact the College Office.
Camden Show

A permission note has been emailed to parents to give permission for their child to attend the excursion.

Date  Friday, 15 March 2013

Students are to arrive at College at 8.50 am (9.00 Prep) for normal lessons. Students will catch a bus to the Camden Show from 10.30 am.

Parents must collect their child at 3.00 pm outside Camden Pools. Students attending Bambino’s After College Care will be picked up by Bambino’s from the College stand.

Peripatetic Music Lessons

Students who wish to partake in lessons must return the form which was emailed to parents.

Parent Information Night

Last Tuesday, the College held an information night for parents to meet their child’s teacher. Information was handed out on the night, please contact the College Office if you were unable to attend and a copy can be emailed to you.
How to access the Parent Portal

The Parent Portal allows parents/guardians to login to the College administration system, Edumate. Parents are able to view and amend personal details, view attendance, obtain copies of past reports and complete absentee notes online.

You are required to know your Oran Park Anglican College debtor number to be able to login to the portal. This can be found at the top right hand side of your College fee invoice. Your account number has seven digits and begins with 54.

Portal username    Parent first name, last name and debtor number.
                  Eg. John Smith, debtor number 54000012
                  johnsmith54000012 (all lower case, no spaces)

Portal password    opac (lowercase)

Step 1 – Opening edumate

Go to www.opac.nsw.edu.au.

Click on the PORTAL button (Top right hand side).

Click on the edumate link.

Step 2 – Entering your username and password

Type in your username.
Type in your password.
Click on the GO button.
Step 3 – Changing your password

For security reasons on your first login, you will be prompted to change the password from the default oppac password to something only you know.

<table>
<thead>
<tr>
<th>Change Password</th>
</tr>
</thead>
<tbody>
<tr>
<td>In order to maintain system security users are required to change passwords on a regular basis. Your password is due for change. Please change your password by entering your old password and a new password into the relevant boxes below. Thank You</td>
</tr>
<tr>
<td>Old Password: ****</td>
</tr>
<tr>
<td>New Password:</td>
</tr>
<tr>
<td>Confirm New Password:</td>
</tr>
<tr>
<td>Save:</td>
</tr>
</tbody>
</table>

Type oppac in the old password field, then enter your new password in the remaining 2 fields and click on the save button.

You will then be taken back to the login screen where you can re-login using your username and new password.

Step 4 – Login to the Parent Portal

You can now proceed to login to the parent portal by entering your username and new password then clicking GO.

If you have any problems accessing the Parent Portal, please contact Mrs Corina Lynch at the College Office. If you are able to sit in front of the computer whilst on the phone, this would be best.
Live Life Well @ School

Building healthy habits
Children are learning habits that will often last them a lifetime. Consider the following:

Breakfast is important. Children who eat breakfast have better concentration. Eating breakfast can reduce snacking on high-energy foods in the afternoon in both adults and children.

Be realistic about the size of the serve you offer children. Forcing children to finish what is on their plate when they are not hungry may lead to overeating and/or strong food dislikes.

Avoid giving children processed snack foods high in sugar. Encourage brushing teeth in the morning and before bed to develop good dental habits.

Need some ideas?
We would love to offer parents the opportunity to swap healthy recipes through The Life. This is a great chance to help one another develop healthy eating habits in our children. If you have a recipe that you would like to share please email Miss Edwards at kedwards@opac.nsw.edu.au or hand a hard copy into the Office before Wednesday each week. Check out some of the great ideas already sent in.

Lemon Yoghurt Muffins

Ingredients

- 2 1/2 cups self-raising flour
- 3/4 cup caster sugar
- 1 tablespoon finely grated lemon rind
- 1/4 cup lemon juice
- 1 cup vanilla yoghurt
- 1/2 cup vegetable oil
- 1 egg, lightly beaten
- Icing sugar mixture and lemon zest, to serve

Method

Step 1  Preheat oven to 190°C/170°C fan-forced. Grease two 24-hole, 1 1/2 tablespoon capacity mini muffin pans.

Step 2  Combine flour and sugar in a bowl. Make a well in centre. Add lemon rind, lemon juice, yoghurt, oil and egg. Using a wooden spoon, stir until just combined.

Step 3  Spoon mixture into prepared pan holes. Bake for 10 to 12 minutes, swapping pans halfway during cooking, or until golden and cooked through. Stand in pans for 3 minutes. Turn out onto a wire rack to cool. Dust with icing sugar. Top with lemon zest. Serve.
In the classroom with Mrs Humphreys

MultiLit Parent Training

MultiLit is a reading program researched and devised by Macquarie University to help low progress readers make up for lost time in literacy. It's a structured program that follows a steady routine and can be easily delivered. This program aims to get students back on track with their reading, one on one, through three weekly sessions.

I have spoken to several parents in regard to helping students with MultiLit. Thank you to those parents who have offered to assist. However, I still require a few more helpers. If you would like to find out more about the program, please come and talk with me or email mhumphreys@opac.nsw.edu.au.

I will be holding MultiLit Parent Training sessions in the Prep kitchen on

Tuesday, 26 February 2013 9.00 am - 10.00 am
Thursday, 28 February 2013 2.15 pm - 3.15 pm

Please RSVP to the College Office or the above email address.

In the Classroom with Mrs Blake and 1/2B

This week in 1/2B we have been designing and making shelters as part of our science unit and I have been pleased to see all students cooperating well in their pairs. This work will be displayed in our classroom.

1/2B are very excited to have been paired up with 3/4W as buddies. Every second Friday we have been meeting together and students have been completing a ‘my buddy and I’ poster which shows information about what they have in common, as well as helping them to learn and discover more about the other students in the College. Throughout the term our buddy program will also help students in 1/2B to research and investigate topics that we are studying in class.
Prep - Year 2 Students

Oran Park Anglican College

Has invited

CHICKS ’R’ US

To visit

We will be providing your child with the gift of experiencing real life events.

The children will watch chicks hatching from eggs.

On Monday 4th March 2013

Chicks “R” Us

Will set up the incubator (with full viewing area)
- With 12 embryo eggs
- From that day, you may expect to hear “peeping” noises from inside the shell.
- Everyday for up to 5 days you can watch chicks hatch from their shell.

This is an exciting, educational and entertaining experience for your child.

As the chicks hatch, they will move into a viewing box that gives everyone the opportunity to watch the chicks developing further. The chicks will stay on for a further week so as the children can observe and handle the chicks.
Sport: Prep
Prep have had an enjoyable couple of weeks in Sport. We have played games, games and more games. Last week, due to the weather, we stayed inside and played 'musical statues', 'musical bombs' and a combination of both, 'musical soldiers'! As the term progresses we will begin to look at developing further our gross motor skills, specifically in running, throwing and kicking.

Sport: Kindergarten - Year 2
Sport for Kindergarten - Year 2 has continued to look at developing gross motor skills in conjunction with the "Live Life Well @ School" principles. This week we looked at running and throwing. Next week we will look at catching and kicking. Early Stage 1 and Stage 1 are important stages in the development of students gross motor skills.

Sport: Years 3 - 6
Next week is our first week of IPSSO competition. Those students from Oran Park who were selected to represent Thomas Hassall Anglican College as well as Oran Park Anglican College are very excited and we wish them all the best for the summer season. These students, along with those who attend other sports development or College sport at Thomas Hassall, do a wonderful job representing our College and often stand out, not just because of our bright sports uniform, but because of their exemplary behaviour. We look forward to a wonderful year in sport!

IPSSO Sport
Wednesday, 27 February vs St Mark’s
THAC 125 Kingsford Smith Avenue, Middleton Grange
Hoxton Park Reserve Cnr Wilson and Hoxton Park Road, Hinchinbrook
Powell Park 317 Hoxton Park Road, Cartwright
Wednesday, 6 March vs Georges River Grammer School
Georges River Grammer School Georges Crescent, Georges Hall
Gordon Parker Field Auld Avenue, Milperra
Coleman Park Rabaul Road, Georges Hall

3-6 NASSA Swimming Carnival
Congratulations to the students who will be representing the College at the NASSA Swimming Carnival.

Date Tuesday, 5 March 2013
Venue Sydney Aquatic Centre, Homebush
Times 1.15 pm Bus leaving the College
       3.00 pm Carnival to commence
       6.00 pm Carnival to finish (Parent to organise pick up)

A permission note has been emailed to parents. Please complete this permission note in full and return to the College Office.
**Junior Swimming Carnival**

On Thursday, 14 February students from Years 3-6 participated in the Thomas Hassall Anglican College Junior School Swimming Carnival. It was wonderful to see so many of our College students swimming, ‘having a go’, and having fun!

Last year we had three swimmers qualify for the NASSA Junior Swimming Carnival. This year we have ten. They are:

Sophie Aerts         Luke Barlow         Natasha Barlow
Adrian Buterin       Emily Buterin       Jordan Fleming
Claudia Howard       Zac Pavone          Gabrielle Russo
Matthew Squire

Congratulations to all swimmers for their wonderful participation and obvious College spirit and support for fellow Oran Parkers.

Thank you to carnival organiser, Mrs Evans, for a fantastic day.

Mr Beggs
2013 Dates For Your Diary

Term 1

Camden Show
Friday, 15 March - Saturday, 16 March

Camden Show Excursion
Friday, 15 March

Harmony Day
Thursday, 21 March

Easter Hat Parade and Easter Egg Hunt
Tuesday, 26 March CHANGE

Good Friday (Public Holiday)
Friday, 29 March

Easter Monday (Public Holiday)
Monday, 1 April

OPAC Family Service
Sunday, 7 April

Mufti Day
Friday, 12 April CHANGE

Last Day of Term 1
Friday, 12 April

ANZAC Day March
Thursday, 25 April

Important Sport Dates

NASSA Swimming Carnival
Tuesday, 5 March

CIS Swimming Carnival
Wednesday, 20 March

College Cross Country Carnival
Thursday, 28 March

NASSA Cross Country Carnival
Friday, 3 May

College Athletics Carnival
Thursday, 15 August

NASSA Athletics Carnival
Thursday, 5 September

Prep - Year 2 Tabloid Carnival
Friday, 13 September

Please refer to our College website: www.opac.nsw.edu.au and the College Newsletter ‘The Life’ for main events, information and dates published during the year.
Enrolling Now

Prep to Year 7 Enrolment Information Evening

Tuesday, 26th March 2013 at 7 pm
Visit opac.nsw.edu.au
From the Parents’ & Friends’ Association

The P&F Annual General Meeting (AGM) was held on Thursday, 7 February 2013. Mr Beggs and the P&F President, Stuart Starr thanked the 2012 Executive Committee and the Committee members who worked very hard during the P&F’s first year organising a variety of successful fundraising activities.

An election was held at the AGM for the 2013 Executive Committee.

2013 Executive Committee
President  Stuart Starr
Vice President  Jono Squires
Treasurer  Karen Clarke
Secretary  Leisa Palmer

The P&F welcomed new parents to the Committee. We look forward to an exciting and successful 2013, building on our accomplishments of 2012.

Our goal is to raise funds and facilitate the social interaction between the P&F and College community. We are looking to raising more money, to continue our involvement with the College community and to have more fun. The P&F will be looking at ways to maximise our efforts vs return and using the parent network to assist with the various activities planned for 2013. We have an exciting announcement that will be made in the next issue of ‘The Life’ so keep an eye out!

Details of future meetings: 7 March, 4 April, 2 May, 6 June, 1 August, 5 September, 10 October and 7 November. Meetings are held in the OPAC Staffroom at 7pm.

Upcoming Events
The P&F has will be involved in a number of events for 2013. These include:
- Slice Drive - don’t forget your order and money are due by Monday, 25 February 2013 @ 9 am.
- Camden Show - 15 & 16 March 2013. Assisting with OPAC Display. Volunteers required for a 2hr shift only. See Mrs Lynch for more details and how you can assist at the College Display.
- Mother’s Day Stall and Breakfast - 10 May 2013. Volunteers required for the stall and breakfast.
- Father’s Day Stall and Breakfast - 30 August 2013. Volunteers required for the stall and breakfast.
- Bunnings Sausage Sizzles - 13 April 2013 and 7 September 2013. Volunteers required on a roster basis.
- College Open Day - donations of cakes as well as volunteers required on a roster basis to assist with the BBQ, selling of cakes and drinks. Further details to come.
- Christmas in July – a great family event. More details to come.

Do you have an idea or suggestion for a fundraiser? Email us your idea pandf@opac.nsw.edu.au
ADVERTISE WITH US AND SUPPORT OUR COLLEGE

We are looking for companies large, small or family owned to advertise their business, products, services or a community event while at the same time support our College by purchasing advertising space in our school newsletters.

Many businesses advertise through their school community as a way of promoting their products, services or to announce a community event. Our newsletter is published fortnightly throughout the school year and is emailed to parents/carers and the extended OPAC family. It is also accessible to the wider community to download via the school’s website www.opac.nsw.edu.au.

Email us at pandf@opac.nsw.edu.au if you have any questions or would like to get started today.

2013 ADVERTISING RATES

BUSINESS / PROMOTIONAL AD PUBLISHED IN THE NEWSLETTER

Choose one of following options or a combination of options to suit your advertising needs.

SILVER (ONE OFF ADVERTISING) $40*
1 ad – ideal for a promotional event or to test your market

GOLD (QUARTERLY ADVERTISING) $100* per term
Fortnightly throughout the College term

PLATINUM (YEARLY ADVERTISING) $350* per year
Fortnightly throughout the College year

* All subject to change and re-evaluation at the beginning of each school term

** Please note that advertising space is limited to a business card size

*** The publication of advertisements in this newsletter does not imply endorsement by Oran Park Anglican College.

All correspondence should be directed to pandf@opac.nsw.edu.au.
Community and Business Advertising

FIT FOR THE SCHOOL PLAYGROUND

With a shoe expertly fitted by one of The Athlete’s Foot Fit Technicians, your child will have the right support for all of the school activities and sports they take part in every day. The Athlete’s Foot stock a range of Ascent and Clarks school shoes to ensure there are options for everyone.

Shop U004, Level 3 Macarthur Square, Campbelltown, NSW 2560
Phone (02) 4627 8503
www.theathletesfoot.com.au

Bass Hill Electrical Pty Ltd
PO Box 131, Silverdale NSW 2752
Ph: 4653 2501
Email: info@bhelectrical.com.au
Web: www.bhelectrical.com.au
ABN: 12 064 608 233
Gold License No: 75248C
DOMESTIC -- COMMERCIAL -- INDUSTRIAL
-- 24HRS EMERGENCY --

The publication of advertisements in this newsletter does not imply endorsement by Oran Park Anglican College.
Community and Business Advertising

Renovating? Think Smith & Sons.

Smith & Sons are quality builders who specialise in home renovations. With Smith & Sons - renovating will be an enjoyable experience, you will get a great value renovation and you will be proud of the finished project.

ph: 0416 235 728
E: macarthur@smith-sons.com.au
www.smith-sons.com.au

World’s Greatest Shave

My name is Stephanie, I work at Oran Park Town Café and I am currently taking part in the world’s greatest shave.

I’ve decided to take part in the World’s Greatest Shave because everyday many beautiful people are taken away from us prematurely from vicious cancer and the very least I could do was shave my head, smile and raise some big bucks.

If you would like to donate, I will be leaving a donation box at the College Office or please use the link below to go to my supporters website.

http://my.leukaemiafoundation.org.au/stephaneetherese

The publication of advertisements in this newsletter does not imply endorsement by Oran Park Anglican College.
Pastor  Stuart Starr  0438 093 412
stuart@NewLifeAnglican.org.au

Associate Pastor  Matthew Payne  0451 590 166
matthew@NewLifeAnglican.org.au

2013 Regular Services
Sundays 10 am including Children’s program
Oran Park Anglican College
**Women’s Breakfast**

*St Luke’s Church Hall*

Cnr Russell & Merlin Streets, The Oaks

**Saturday, 23rd March 2013**

8.00 am - 9.30 am

*Ladies you are invited to join us to hear guest speaker*

**Natalie Hutchings**

_speak on_

"What are we trusting in?"

Natalie will share from both her own personal experience and the book of Hebrews.

Cost $7.00

(includes a delicious Continental Breakfast)

**RSVP by 17th March 2013 to Corina**

0438 571 701

shanrina29@hotmail.com