From the Principal and Campus Coordinator

Term 2 is well underway with significant events already taking place. Congratulations to the 13 runners who represented Oran Park Anglican College at the NASSA Cross Country Carnival last week. It was encouraging to see the level of commitment and pluck displayed by our athletes. Josiah Beggs, who came 9th in his event, qualified for the CIS Carnival to be held in June and this is a great achievement.

The NASSA Touch Football Gala Day was also held last week and our representatives were Baeley Recchia and Luke Barlow. They competed in a combined Thomas Hassall/Oran Park team and came 4th overall. Both boys showed great sportsmanship and skill and Luke was selected to represent NASSA at the CIS Touch Football Trials. This means we now have 3 students who have qualified to go through to CIS… a wonderful achievement for our second year of operation.

A special thank you to the 13 students who represented our College in the ANZAC Day March and Morning Service. They marched proudly behind our College banner and this is always a very special occasion of remembrance, respect and thanks in our annual calendar.

On Friday, 10 May we held a Mother’s Day Breakfast to give our students and staff the opportunity to say ‘thank you’ to the mothers of our College Community. It was a wonderful morning and we hope all our mums had a special day on Sunday.

From mid term, I will be on leave from the College visiting other schools and undertaking further study overseas. Mr Roger Young will be Acting Principal during this time and he will manage the College well in my absence. As always, your first point of contact should be the classroom teacher or Campus Coordinator, Jonathan Beggs, however, should you need to meet with Mr Young, please contact my Personal Assistant, Mrs Jo Hutchens on hutchensj@thac.nsw.edu.au and she will assist with your enquiry.

Additionally, you may have noticed a new face around the College grounds. Mr Terry Lidgard will be working with us to ensure all aspects of planning are progressing well as we prepare for the start of Year 7 next year. We are very grateful that Terry will be assisting in this capacity as he comes with considerable experience in independent education and is a past Principal of Georges River Grammar.

Finally, let me encourage your attendance and support of our events this term and I wish all our students the best in their academic and co-curricular endeavours.

Jesus told the rulers: “Don’t be afraid, just believe” Mark 5:37

Mr Ross Whelan
College Principal
College Photo Day

Date       Monday, 20 May 2013

Forms were handed out last week and are due back prior to photo day.

Students will be required to be dressed in full winter uniform.

Winter Uniform Guide

Students are required to wear full winter uniform from Mother’s Day.

Prep
Skivvy  White
Sloppy Joe  Navy with embroidery
Track Pants  Navy fleece
Socks  White
Shoes  White joggers
Cap  Navy/red/white with embroidery

Kindergarten – Year 6

Girls
Tunic  Navy tartan
Blouse  Sky blue long sleeve
Sloppy Joe  Navy with embroidery
Bomber Jacket  Navy with stripes and crest
Tights  Navy
Shoes  Black leather lace up
Hat  Navy with embroidery

Boys
Shirt  Sky blue long sleeve
Trousers  Navy
Sloppy Joe  Navy with embroidery
Bomber Jacket  Navy with stripes and crest
Tie  Navy with red/white stripes
Socks  Navy
Shoes  Black leather lace up
Hat  Navy with embroidery

Photo Day Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00 am</td>
<td>Full College Photo</td>
</tr>
<tr>
<td>9.20 am</td>
<td>Prep</td>
</tr>
<tr>
<td>9.20 am</td>
<td>Kindergarten</td>
</tr>
<tr>
<td>10.10 am</td>
<td>Years 1 and 2</td>
</tr>
<tr>
<td>10.10 am</td>
<td>Years 3 and 4</td>
</tr>
<tr>
<td>10.50 am</td>
<td>Years 5 and 6</td>
</tr>
<tr>
<td>10.50 am</td>
<td>Siblings</td>
</tr>
</tbody>
</table>
**In the Classroom with Mrs Finlay and Prep**

**Fundamental Movement**

We are very excited to be starting a new term in Prep. This term we are working on developing our fundamental movement skills. This includes our jumping, hopping, climbing, crawling, throwing and catching. We have purchased some new equipment and the children have been enjoying the opportunity to explore it. The children had a lot of fun completing an obstacle course which involved crawling through tunnels, climbing over trestles and jumping over planks. We also worked on developing our turn taking skills. Fundamental movement lessons will take place Monday and Wednesdays and then children will refine these skills in sport lessons with Mr Beggs on Fridays.
**In the Classroom with Miss Edwards and Kindergarten**

We have been learning lots of interesting facts about shapes. We have also spent some time making shapes out of some edible materials.

This was our favorite part of the week… the eating bit anyway!

---

**Term 2 Fees**

All families should have received their Term 2 invoice.

If you have not arranged a direct debit, full payment of fees was due by the end of Week 1.

Direct debit forms are available at the College Office.

Please contact the College Office if you have any questions.
Year 7 2014
Enrolment Information Night
Thursday 16 May 2013 7pm
RSVP: www.opac.nsw.edu.au
The Life

Peripatetic Music Tutor Profile

Name    Dr Becky Bennison
Qualifications  BMusEd, BA (First Class honours), PhD
Instruments  Piano, Voice and Music Theory

I began private music teaching while studying my undergraduate degrees. I have taught piano, voice and music theory for over 10 years now. Over these years, I have tutored students from beginner to advanced levels. Music brings joy to the lives of students in a variety of ways and I very much enjoy watching them develop musically as they practice and learn.

Upon completion of my HSC I enrolled in a music degree with the hope that I might one day be qualified to teach music. During my music degree at The Sydney Conservatorium of Music I developed high level skills in music education. During my final year of study at the Conservatorium I developed a strong interest in music research and the study of popular cultures. To further explore this interest I undertook a Bachelor of Arts with an honours program. I graduated from this BA with a first class honours. I then pursued postgraduate studies in contemporary music. I completed my PhD over 4 years, graduating from Macquarie University in 2010. During this postgraduate study I tutored at the university on undergraduate courses in popular music, experimental music and popular culture.

After I received my PhD I was offered a full time post as an Associate Lecturer in the discipline of contemporary music. I remained in this post for 3 years and very much enjoyed engaging with students in an academic forum, and conducting research within the discipline of music. Upon completion of these university contracts I returned to private and small group music tuition. I teach many students at Somerset Music in Narellan, alongside other wonderfully talented colleagues. I also teach at two different schools throughout each term. I am also a regular performer and I enjoy discovering new music and new performers around the local area. Working with young students is a wonderfully refreshing way to educate and I have great respect and commitment for my many students.

I enjoy working in the local community and in particular with the local students. I live locally with my husband and little beagle, Lucy. I am pleased to be a part of the Oran Park Anglican College community and I look forward to working with the students to develop their musical skills and to have a whole lot of musical fun!!!
ANZAC Day March

Thank you to the families who participated in the ANZAC Day March in Camden.
Mother’s Day Breakfast

On Friday, 10 May Oran Park Anglican College was able to show our appreciation of the mothers in our community by holding our inaugural Mothers Day breakfast.

Mothers were able to enjoy a delicious breakfast, share in craft activities and enjoy the performances of the Oran Park Anglican College Junior and Senior dance groups.

The morning was capped off by an encouraging talk given by Mrs Vivienne Beggs (our Campus Coordinator’s mother) who gave a biblical perspective on motherhood.

We hope the mothers went away feeling special, because they certainly are.
Live Life Well @ School

Why reduce television time?
- studies have shown we use less energy watching TV than sitting still
- TV influences the food choice of kids – Australia has a high rate of food advertising during children’s viewing hours
- TV replaces time a child can be active and enjoy physical activity
- there is an association between TV watching and being overweight
- 40% of children 5 – 12 years report watching an average of two hours or more of television or videos a day.

Try turning off your TV and getting outside together, before it gets too cold!

Crunch and Sip
This term at OPAC we will be officially launching a CRUNCH and SIP program. This program encourages students to consume part of their daily-required fruit and vegetables as well as water at school. It is very similar to our current Munch and Crunch program. Keep an eye here to find out our official launch day and all the fun that will go with that.

Healthy Lunch boxes…Need some ideas?
We would love to offer parents the opportunity to swap healthy recipes through The Life. This is a great chance to help one another develop healthy eating habits in our children. If you have a recipe that you would like to share please email Miss Edwards at kedwards@opac.nsw.edu.au or hand a hard copy into the Office before Wednesday each week. Check out some of the great ideas already sent in.

**Apricot, Sesame and Cranberry Biscuits**

**Ingredients**
- 100g unsalted butter
- 100g (1/2 cup, firmly packed) brown sugar
- 2 tbs golden syrup
- 2 tbs water
- 1 tsp bicarbonate of soda
- 115g (1 1/4 cups) rolled oats
- 150g (1 cup) plain flour
- 40g (1/4 cup) sesame seeds
- 110g (2/3 cup) chopped dried apricots
- 100g (2/3 cup) raisins (dried cranberries)

**Method**

**Step 1**
Preheat oven to 180°C. Line 2 large baking trays with non-stick baking paper.

**Step 2**
Place the butter, sugar, golden syrup and water in a medium saucepan over medium heat. Cook, stirring occasionally, for 2-3 minutes or until the butter melts. Remove from heat. Stir in the bicarbonate of soda. Set aside for 5 minutes to cool slightly.

**Step 3**
Combine the oats, flour and sesame seeds in a large bowl. Add the butter mixture, apricots and raisins, and stir until well combined.

**Step 4**
Roll tablespoonfuls of the mixture into balls. Place, 5cm apart, on the lined trays. Use a fork to flatten slightly. Bake in oven for 8 minutes or until light golden. Set aside on the trays for 5 minutes to cool slightly before transferring to a wire rack to cool completely.
Before and After
College Care

Telephone:
02 4647 8932

College Care Hours:
7.00 am - 8.30 am
3.20 pm - 6.00 pm

Lunch Orders
flexischools.
com.au

Please order before 9 am.

If you need to change the order, please go to the website.

Sport: Prep

This term we continue to look at our gross motor development. However, this time the focus is on foot / eye coordination. The children continue to enjoy sport and getting across to Wayne Gardner Reserve to participate in the various activities.

Sport: Kindergarten - Year 2

This Term we have started the 'Hot Shots' program. 'Hot Shots' is a program developed by Tennis Australia to develop grass roots tennis. Tennis Australia have kindly donated $1000 work of junior tennis equipment, which is being utilised during the program. Children are working on such things as ball tracking, holding and using a racquet and developing their body shape for forehand and backhand development. It is wonderful to see, and hear, the obvious enjoyment that the children are displaying when it comes to 'Hot Shots' time.

Sport: Years 3 - 6

IPSSO Sport
Wednesday, 15 May
Wednesday, 22 May

Training at Thomas Hassall
Training at Thomas Hassall

NASSA Touch Football

On Tuesday, 7 May 2013, Luke Barlow and Baeley Recchia (Yr 5/6G) competed with Thomas Hassall Anglican College students at the NASSA Touch Football Gala Day.

The team played well and Luke was successful in gaining a position in the NASSA Touch Football trial squad, which will trial later this month. Congratulations Luke.
**NASSA Cross Country**

On Friday, 3 May 2013 the NASSA Junior Cross Country Carnival was held at Macarthur Anglican School.

Oran Park Anglican College had 13 students qualify to represent the College (which is a wonderful achievement considering last year we only had 3!). All students did a fantastic job and gave their all as they strived to achieve their best on a glorious Friday afternoon. Congratulations to all of our 13 representatives for your efforts.

A special mention needs to go to Josiah Beggs who came 9th in his event, which meant that he qualified to go to the CIS Cross Country Carnival at Eastern Creek in June. Congratulations Josiah! I can see many early morning training runs in your immediate future!
Staff Professional Development

The College is committed to quality education. Staff at the College attend professional development throughout the year to maintain this commitment.

Staff members have attended the following courses during Term 1:

Mr Beggs  
Apply First Aid (including CPR)

Mrs Blake  
Perform CPR
Child Care & Protection & Student Welfare
National Curriculum: Innovation & Change

Miss Edwards  
Apply First Aid (including CPR)
Perform CPR
Child Care & Protection & Student Welfare
National Curriculum: Innovation & Change

Mrs Finlay  
Apply First Aid (including CPR)
Child Care & Protection & Student Welfare
National Curriculum: Innovation & Change

Mrs Grant  
Perform CPR
National Curriculum Workshop
Restorative Practice
Mediation of Conflict
Child Care & Protection & Student Welfare
National Curriculum: Innovation & Change
Familiarisation of the National Curriculum English Syllabus

Mrs Humphreys  
Apply First Aid (including CPR)

Mrs Lynch  
Apply First Aid (including CPR)
Customer Service Skills and Strategies

Mrs Worthington  
Apply First Aid (including CPR)
Child Care & Protection & Student Welfare
National Curriculum: Innovation & Change

On Monday, 29 April 2013, teaching staff undertook the following Professional Development at the College:

Challenging Yourselves Professionally

National Curriculum Focus  
Scope and Sequence for Spelling; Grammar & Writing
Scaffolding for Differentiation
2013 Dates For Your Diary

**Term 2**

**NAPLAN Test**
Tues, 14 - Thurs, 16 May

**Information Evening (P-Y7)**
Thursday, 16 May

**College Photo Day**
Monday, 20 May

**National Simultaneous Story Time**
Wednesday, 22 May

**P&F Meeting**
Thursday, 6 June

**Public Holiday**
Monday, 10 June

**CIS Cross Country**
Thursday, 13 June

**Mufti Day**
Friday, 28 June

**Last Day Term 2**
Friday, 28 June

Please refer to our College website: www.opac.nsw.edu.au and the College Newsletter ‘The Life’ for main events, information and dates published during the year.

**Principal Awards**

Congratulations to the following students who received a Principal’s Award at assembly last term.

Jackson McCabe  Year 6
Charlie Cowlishaw  Year 1

**New Students**

Welcome to Georgia McCarthy (Y6) and Casey McCarthy (Y5) who commenced at the College this term.

Both girls have settled in easily and are enjoying their time in and out of the classroom.

Welcome again girls, it’s lovely to have you join our OPAC family.

---

**Prep - Year 6 Assembly**

Parents are invited to attend the College weekly assembly held on Fridays at 2.30 pm.

Principal Awards handed out Term 2, Week 5.

Parents are asked to sign in and out at the classroom.

**Class leading**

Week 3  5/6G
Week 4  3/4W

**Student Banking**

Banking day is **Monday**.

Students are to bring their completed bank book to their class teacher.

**Scholastic Bookclub**

Issue 3 has been handed out and is due to be returned.

If you have any queries, please contact the Office.
Win the Dollarmites’ treasure!

Simply make three or more deposits at school during Term 2 and you’ll be automatically entered into the competition.

1st Prize.
$5,000 family adventure holiday to anywhere in Australia with $500 spending money.
Plus, $5,000 for the school to spend as they wish.

25 x Runners-up prizes.
Awesome kids’ adventure packs. Worth over $700 each, they contain:

- A Wii U
- Walkie talkies
- Night vision goggles
- A waterproof camera
- A Razor eSpark electric scooter

Things to know before you Can: NSW Permit No. LTPS/13/1306. VIC Permit No. 13/476. ACT Permit No. TP13/645. SA Permit No. 113/307. Competition closes 05/07/13. First entry drawn on 23/07/13 from all entries received will win, and details will be published in the Public Notices section of The Australian on 02/08/13. The Promoter is Commonwealth Bank of Australia ABN 48 123 123 124, Level 13, Darling Park, Tower 1, 201 Sussex Street, Sydney, NSW 2000. Full terms and conditions at cmmbank.com.au/adventureisland
From the Parents’ & Friends’ Association

Narellan Bunnings Sausage Sizzle – 20 April 2013
On 20 April 2013, a P&F fundraising event was held at the Narellan Bunnings. The rainy weather was pretty bad, however that didn’t stop us. A big thank you to all our volunteers who worked tirelessly from 9 am to 4 pm to brave the weather conditions to raise funds for our College. Another big thank you to all the businesses that donated food supplies, gift cards or gave a financial contribution. The P&F is proud to announce that a profit of $843.10 was made on the day. A great effort by all.

P&F receives a generous donation
As you are aware, our big goal is to raise $50,000 for the Covered Outdoor Learning Area (COLA). The P&F is pleased to announce that we received a donation of $1000 from an anonymous and generous family. The P&F thanks this family very much for their charitable donation towards our COLA and support for our College.

If you are interested in making a donation or know of a business who might be interested in making a financial contribution towards our COLA project, please email us at pandf@opac.nsw.edu.au or leave your details with Mrs Lynch. Donations of $2 or more are tax deductible. A receipt will be provided should you require one for tax purposes.

Christmas in July – Friday, 26 July 2012 from 7 pm
The P&F has made an exclusive booking with Harrington Grove Country Club for a Christmas in July dinner to be held on Friday, 26 July 2013. The P&F invites you and your guests to celebrate this wonderful event.

<table>
<thead>
<tr>
<th>Adult</th>
<th>$39 per person</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child (2-12yrs)</td>
<td>$15 per person</td>
</tr>
</tbody>
</table>

This family occasion is a great opportunity for parents, staff and students to meet, mingle and have fun as well as to raise funds for the College. Cash or cheque donations for the COLA project can be made before or on the night. Donations of $2 or more are tax deductible. A receipt can be provided should you require one for tax purposes. RSVP to Mrs Lynch with final payment and numbers by Friday, 28 June 2013 (Last day of Term).

Drinks for Sale
Drinks are available to purchase from the College Office.

<table>
<thead>
<tr>
<th>Flavours for sale</th>
<th>Price per slab (24 cans)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sprite, Lift, Sunkist, Coke and Coke Zero</td>
<td>$15</td>
</tr>
<tr>
<td>(expiry date June/July 2013)</td>
<td>$10 per slabs for 3 slabs or more</td>
</tr>
</tbody>
</table>

| Bottled Water | $10 per slab (24 bottles) |

If you are interested in purchasing drinks or bottled water, please see Mrs Lynch.

Foundation Year Commemorative Tea Towels
There are still a few OPAC tea towels for sale. See Mrs Lynch if you are interested in purchasing one. This is a great gift and memento.

Prices are $15 each, 2 for $25 or 3 for $37.50

Other Upcoming Events
<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Father’s Day Stall</td>
<td>28 August 2013</td>
</tr>
<tr>
<td>Father’s Day Breakfast</td>
<td>30 August 2013</td>
</tr>
<tr>
<td>OPAC Open Day &amp; Spring Fair</td>
<td>7 September 2013</td>
</tr>
<tr>
<td>Bunnings Sausage Sizzle @ Narellan</td>
<td>14 September 2013</td>
</tr>
</tbody>
</table>

Do you have an idea or suggestion for a fundraiser? Email us your idea pandf@opac.nsw.edu.au
My RSVP
June 28

Family name: ____________________________  Total enclosed: $___________

Number of Adults ($39 each): ________  Number of Children ($15 each): ________
Community and Business Advertising

With a shoe expertly fitted by one of The Athlete’s Foot Fit Technicians, your child will have the right support for all of the school activities and sports they take part in every day. The Athlete’s Foot stock a range of Ascent and Clarks school shoes to ensure there are options for everyone.

Shop U004, Level 3 Macarthur Square, Campbelltown, NSW 2560
Phone (02) 4627 8503
www.theathletesfoot.com.au

Bass Hill Electrical Pty Ltd
PO Box 131, Silverdale NSW 2752
Ph: 4653 2501
Email: info@bhelectrical.com.au
Web: www.bhelectrical.com.au
ABN: 12 064 608 233
Gold License No: 75248C
DOMESTIC -- COMMERCIAL -- INDUSTRIAL
-- 24HRS EMERGENCY --

The publication of advertisements in this newsletter does not imply endorsement by Oran Park Anglican College.
Community and Business Advertising

Renovating? Think Smith & Sons.

Smith & Sons are quality builders who specialise in home renovations. With Smith & Sons - renovating will be an enjoyable experience, you will get a great value renovation and you will be proud of the finished project.

ph: 0416 235 728
e: macarthur@smith-sons.com.au

IMB ZOO

A fun, interactive account that encourages kids to save by rewarding them for their efforts.

WHAT’S INCLUDED?
- No Transaction or Account Keeping fees
- 3% p.a. bonus interest
- Free IMB Zoo Money Box

Open an IMB ZOO Account today!
Visit IMB Camden or call 4655 9211

The publication of advertisements in this newsletter does not imply endorsement by Oran Park Anglican College.
CHRISTMAS CARD ART COMPETITION

DESIGN A CHRISTMAS CARD, WITH A CHRISTIAN THEME

ONE winner will be chosen, and this design will be printed as a Christmas card to be sold through ANGLICARE’s 2013 Christmas catalogue. The winner and runner-up will also receive a complete ‘Back to School’ Stationary kit from YORKE EDUCATION.

JULY 1
IS THE CLOSING DATE FOR ENTRIES (5.00PM)

SEND ENTRIES TO: ANGLICARE
ATTENTION: GILBERT CORR
MARKETING COORDINATOR - SCHOOLS AND COMMUNITY PROJECTS
PO BOX 427, PARRAMATTA NSW 2124

ANGICARE
THE CARE THAT CHANGES LIVES

Yorke Educational Centre
Mad Hatter’s Trivia & Dessert Party!

We’ve gone a bit crazy this May! In recognition of Mother’s Day, Families Week & Australia’s Biggest Morning Tea we’ve created an all inclusive celebration!

Thursday 16th May - Doors open at 7pm
Trivia commences 7.30pm

What’s happening: Join us for an enjoyable evening of trivia and dessert! The Cancer Council will also be hosting a small craft stall to raise money. This event is suitable for all ages, children’s activities will be provided if they do not wish to help the adults with trivia questions!

What to bring: A novelty cup to drink from, a funny hat if you feel inclined and your family and friends! Don’t worry if you don’t drink tea, there’ll be coffee, juice and soft drink also provided.

Location: Community Room ~ Chr Oran Park & Peter Brock Drives, OPT

How to register: Entry by gold coin donation. Please RSVP early to reserve your seats and avoid disappointment. Tables of 6-8.
For bookings, contact Mel Frank, Community Facilitator mfrank@oranparktown.com.au or call/sms 0418 871 868

Visit our official ABMT donation page:
http://nsw.cancercouncilfundraising.org.au/OranParkTown

orangeparktown.com.au  9043 7500  Greenfields  Landcom